



2013 Resource Directory

(Updated January 2013)

Autism Society, Tidewater Virginia

6300 E. Virginia Beach Boulevard

Norfolk, Virginia 23502

(757) 461-4474

www.tidewaterasa.org

Disclaimer: Autism Society, Tidewater Virginia is a locally funded organization serving families and professionals in the Tidewater Region of Southeastern Virginia. All information provided or published by Autism Society, Tidewater Virginia is for informational purposes only. Reference to any treatment or therapy option or to any program, service or treatment provider is not an endorsement by Autism Society, Tidewater Virginia. You should investigate alternatives that may be more appropriate for a specific individual. Autism Society, Tidewater Virginia assumes no responsibility for the use made of any information published or provided by Autism Society, Tidewater Virginia.

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Adult Services

Endeppence Center

6300 East Virginia Beach Blvd
Norfolk, VA 23502
(757) 461-8007
www.endeppence.org

Hope House Foundation

801 Boush Street
Norfolk, VA 23510
(757) 625-6161
www.hope-house.org

Grafton

Adult and Residential Care
120 Bellview Avenue
Winchester, VA 22601
(540) 542-0200
1-888-955-5205
www.grafton.org

Department of Human Services

3432 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 437-3200
www.dss.virginia.gov

Commonwealth Autism Services

2201 West Broad Street, Suite 107
Richmond, VA 23220
(800) 649-8481
(804) 355-0300
www.autismva.org/adult_services.php

Department of Rehabilitative Services

8004 Franklin Farms Drive
Richmond, VA 23229
1-800-552-5019
(804) 662-7000
www.vadrs.org

Chimes Virginia

3951 Pender Drive Ste120
Fairfax, VA 22030
1-888-244-6374
(703) 267-6558
www.chimes.org

Richmond House

5302 Fitzhugh Avenue
Richmond, VA 23226
(804) 288-3122
www.richmondhouse.org

Adult Day Services of South Richmond

6201 Midlothian Turnpike
Richmond, VA 23225
(804) 674-1600

River City Residences, LLC

10201 Duryea Drive
Richmond, VA 23235
(804) 323-5959

Driver Rehabilitation of Hampton Roads Inc.

Training for Disabled Adults/Teens
Karl Hoffman, OTR/L, CDRS, CDI
11847 Canon Blvd, Suite 11
Newport News, VA 23606

J & M Adult Care Services, LLC

Adult Residential Program
P. O. Box 34646
Richmond, VA 23234
(804) 271-7706

Caring Hands and Supplementary En- richment Education of Virginia

Adult Residential Program
1209 Independence Blvd., Suite 109
Virginia Beach, VA 23445
(757) 354-4436

Advocates

Advocating 4 Kids LLC

Cheryl Poe, Founder
Judy Fischer, Intake Specialist
(757) 431-1251
www.advocate4kids.org

Endeppence Center

Cheryl Ward, Education Advocacy
6300 East Virginia Beach Blvd
Norfolk, VA 23502
(757) 461-8007
www.endeppence.org

The Learning Resource Center

909 First Colonial Road
Virginia Beach, VA 23454
(757) 428-3367
www.learningresourcecenter.org

May Institute

800-778-7601
info@mayinstitute.org
www.mayinstitute.org

PEATC

***Parent Educational Advocacy
Training Center***
100 North Washington Street, Suite 234
Falls Church, VA 22046
(703) 923-0010
1-800-869-6782
www.peatc.org

Virginia Association of Personal Care Assistants

1716 East Franklin Street, Suite 200
Richmond, VA 23223
1-800-893-8343
www.virginiapca.org

Facilitating Advocacy for Children's Educational Services

Student Services LLC
Gail Jeffrey
P.O. Box 7783
Hampton, VA 23666
(757) 715-0643

Independence Child Therapy Services, LLC

Linda Bourdon, Ed.D.
Licensed Clinical Psychologist
2940 Lynnhaven Road
Virginia Beach, VA 23452
(757) 460-2057
www.independencechildtherapy.com

Virginia Board for People with Disabilities

202 N. 9th Street, 9th Floor
9th Street Office Building
Richmond, VA 23219
(804) 786-0016
(800) 846-4464
www.vaboard.org

Alternative Educational Programs, Childcare Programs, and Personal Care Attendants

Southeastern Cooperative Educational Programs (SECEP)

6160 Kempsville Circle, Suite 300B
Norfolk, VA 23502
(757) 892-6100
www.secep.net

Rivers Bend Academy

156 Burnetts Way
Suffolk, VA 23434
(757) 934-6470
www.riversbendacademy.com

Rivermont School – Tidewater

5163 Cleveland Street
Virginia Beach, VA 23462
(757) 497-4703
holly.stitham@centrahealth.com

Centra Rivermont Schools

3300 Rivermont Avenue
Lynchburg, VA 24503
(434)200-4447
<http://mentalhealth.centrahealth.com/services/rivermont-schools>

Chesapeake Bay Academy

821 Baker Road
Virginia Beach, VA 23462
(757) 497-6200
www.cba-va.org

Dominion School for Autism

Commonwealth Autism Services
618 W. Grace Street
Richmond, VA 23226
(804) 355-1011
www.dominionschool.org/index.php

The Faison School for Autism

Affiliated with the Autism Center of Virginia
at VCU
1701 Byrd Avenue
Richmond, VA 23230
(804) 612-1947 www.thefaisonschool.org

Mariposa School

203 Gregson Drive
Cary, NC 27511
(919) 461-0600
www.mariposaschool.org

Peninsula School for Autism

12749 Nettles Drive
Newport News, VA 23606
(757) 223-0558
www.peninsulaschoolforautism.com

Grafton Integrated Health Network

www.grafton.org
(888) 955-5205
admissions@grafton.org

Pendleton Child Service Center

2473 North Landing Road
Virginia Beach, VA 23456
(757) 385-4537
www.VBgov.com/hs

Precious Pearls Childcare Center

For Children With Special Needs
7808 Wildwood Drive
Norfolk, VA 23518
(757) 961-1196
(757) 286-9900

Dragonfly Guest House

Special needs vacations & short term respite care

Support Services of Virginia, Inc.

(757) 237-5773

Jeanne@ssvainc.org

Sunrise House

Medical Adult Day Care Center

1310 Todds Lane

Hampton, VA 23666

(757) 896-0800

www.sunrisehouse.net

K & D Personal Care LLC and Transportation

3026 Tyre Neck Road, Suite H

Portsmouth Virginia 23703

(757) 483-4667

Virginia Association of Personal Care Assistants (VAPCA)

PMB 172

7109 Staples Mill Road

Richmond, VA 23228-4110

(800) 893-8343

www.virginiapca.org

Applied Behavioral Analysis

Behavioral Interventions, Trainings and Evaluations

MiMi Sedjat

2108 Thoroughgood Road

Virginia Beach, VA 23455

(757) 416-5325

Autism Consulting and Therapy, LLC ACT

Rebecca Ruppel, MAT, BCBA

4520 Holland Office Park, Suite 415

Virginia Beach, VA 23452

(757) 639-2218

www.hr-act.com

Three Tier Consulting

Heather Rochford, Virginia Manager

(716) 378-9004

www.3-tier.org

Butterfly Effects

(888) 880-9270

<http://www.butterflyeffects.com/>

Navigation Behavioral Consulting

Megan DeLeon Miller, M.S., BCBA

(757) 362-8388

www.navigationbehavioralconsulting.com

Reaching Potentials, Inc.

1602 William Street, Upper Floor

Fredericksburg, VA 22401

(540) 368-8087

www.reachingpotentials.org

Dower and Associates, Inc.

Nikia Dower, MS, CCC-SLP/L, BCBA

9845 Business Way

Manassas, VA 20110

(703) 618-2272

www.dowerandassociates.com

Mea'Alofa Autism Support Center

Kerith Peko, Executive Director

4016 Raintree Road Ste 220B

Chesapeake, VA 23321

(757) 465-3933

www.learnwithmasc.org

Step by Step Consulting

Wendy Fitch, BCBA, Director
156 Burnetts Way
Suffolk, VA 23434
(757) 934-6470
www.stepbystepconsulting.org

B.E.S.T. Services, Inc.

Norah Wilson, Psy.D., BCBA-D, Director
(757) 971-3724
www.bestautismservices.com

Paradigm Pathway Consulting

G. Maria Hill, Ed.D, BCBA-D
(757) 286-2786
(757) 966-7812 (fax)
<http://paradigmpathwayconsulting.com>

Lutheran Family Services of Virginia Inc.

Theresa C. Murch, MS, LPC
Lead Services Manager, Home-based
(757)722-4707 ext. 156
130 Research Drive, Suite 300
Hampton, VA 23666
2609 Mc Vitty Road
Roanoke, VA 24108
www.lfsva.org

EMG Consulting

Elizabeth M. Gilmore M.Ed., BCBA
Virginia Beach, VA
(757) 615-3003

Priorities ABA, PLLC

Winterville, NC
(252) 341-4192
www.prioritiesaba.com

Vincent J. Carbone, Director, BCBA

614 Corporate Way, Suite 1
Valley Cottage, NY 10989
(845) 267-0920
www.carboneclinic.com

The Learning Resource Center

900 First Colonial Road
Virginia Beach, VA 23454
(757) 428-3367
www.LearningResourceCenter.org

Grafton Integrated Health Network

(540) 542-0200 ext. 6412
www.grafton.org

Autism Services North

Dana Cates
101 Gateway Court, Apt 306
Chesapeake, VA 23320
(401) 954-4851
(800) 306-8602
www.autismservicesnorth.com

Autism Spectrum Therapy

6401 Crescent Way, Apt 301
Norfolk, VA 23513
(757) 469-3773

Aspire Behavioral Consultants LLC

Sarah Buswell, M.Ed., BCBA
P.O. Box 2774
Ashburn, VA 20146
(703) 431-8563
Sarah@aspirebehavior.com
www.aspirebehavior.com

Assistive Technology Supports

Commonwealth of Virginia Assistive Technology Loan Fund Authority

NewWell Fund

1602 Rolling Hills Drive
Richmond, VA 23229
(866) 835-5976
(804) 662-9000

www.vadrs.org/cbs/cilslisting.htm

www.newwellfund.org

Rehab Health Care

Equipment and Supplies
5873 Poplar Hall Drive
Norfolk, VA 23502
(757) 466-1553

www.rehabhealthcare.com

Enabling Devices

385 Warburton Avenue
Hastings-on-Hudson, NY 10706
1-800-832-8697

www.enablingdevices.com

Tidewater Center for Technology Access Alliance for Technology Access

1413 Laskin Road
Virginia Beach, VA 23451
(757) 263-2829
(757) 437-6542

Vital Sounds

P.O. Box 46344
Madison, WI 53744
(608) 278-9330

www.vitalsounds.com

Hampton Roads Mobility, Inc.

550 B. Rotary Street
Hampton, VA 23661
(757) 848-5884

www.hamptonroadsmobility.net

Affordable Therapy Solutions

Amanda Shurrab, Owner
6150 W. Altadena Ave
Glendale, AZ 85304
(877) 318-1638

www.affordabletherapysolutions.com

Department of Rehabilitative Services

8004 Franklin Farms Drive
Richmond, VA 23229
(800) 552-5019
(804) 662-7000

www.vadrs.org

Silver Kite

2143 TR112
Millersburg, OH 44654
1-800-382-9622
(330) 674-6722

www.silver-kite.com

I Click I Talk

810 W. Princess Anne Road, Suite 303
Norfolk, VA 23517
(757) 692-3310

www.iclickitalk.com

Tech 4 Speech

www.tech4speech.org

VATS

Virginia Assistive Technology System

Joann Ervin
Education Building, St #218
Rooms 133-137
Old Dominion University

Norfolk, VA 23529

jervin@odu.edu

(757) 683-3639

Attorneys, Special Education

Malcolm Higgins

607 Lynnhaven Parkway Ste 109
Virginia Beach, VA 23452
(757) 463-9000

Virginia Office of Protection and Advocacy

1910 Byrd Avenue, Suite 5
Richmond, VA 23230
(800) 552-3962
(804) 225-2042
www.vopa.state.us

Legal Aid Society of Eastern Virginia

Administrative Office
125 St Paul's Blvd Ste 400
Norfolk, VA 23510
Portsmouth: (757) 827-5078
Norfolk: (757) 627-5438
www.lawhelp.org/Program/1647

Legal Aid Society of Eastern Virginia, Chesapeake Bay Office

For Chesapeake, Virginia Beach, Accomack
County, and Northampton County
Pembroke Four, Suite 532
291 Independence Blvd.
Virginia Beach, VA 23462
(757) 552-0026
www.lawhelp.org/Program/1647

Auditory Training

Alternative Resource Center (ARC) for Student Wellness

204 Golden Maple Drive
Chesapeake, VA 23322
(757) 410-3275
www.arcsww.org

Berard Auditory Integration Training

IDEA Training Center
Sally Brockett, M.S., Director
20 Washington Avenue, Suite 108
North Haven, CT 06473
(203) 234-7401
www.IDEATrainingCenter.com

Behavioral Intervention

Behavioral Interventions, Trainings and Evaluations

MiMi Sedjat
2108 Thoroughgood Road
Virginia Beach, VA 23455
(757) 416-5325

Compass Youth & Family Services, LLC

7460 Central Business Park Drive
Norfolk, VA 23513
(757) 644-6391

www.compassyouthservices.com

Compass Youth & Family Services, LLC

Autism Behavior Support Program

7460 Central Business Park Drive
Norfolk, VA 23513
(757) 644-6391

www.compassyouthservices.com/connections

Butterfly Effects

(888) 890-9270

<http://www.butterflyeffects.com/>

Learning Solutions Consulting, Inc.

Charlene Wentland, Director

517 Bridge Wood Drive

Yorktown, VA 23693

(757) 817-7125

Independence Child Therapy Services, LLC

Linda Bourdon, Ed.D.

Licensed Clinical Psychologist

2940 Lynnhaven Road

Virginia Beach, VA 23452

(757) 460-2057

www.independencechildtherapy.com

***Community Services Board MR Services
(includes Autism)***

Virginia Beach

Robert R. Morin, Director
3432 Virginia Beach Blvd Ste 342
Virginia Beach, VA 23452
(757) 437-3608 (Main Office)

Chesapeake

Joseph J. Scislowcz, Director
224 Great Bridge Blvd
Chesapeake, VA 23320
(757) 547-9334 (Main Office)
www.cityofchesapeake.net

Norfolk

Sarah Paige Fuller, Director
225 West Olney Road
Norfolk, VA 23510
(757) 823-1600 (Main Office)
www.norfolk.gov/NCSB

Portsmouth

Mr. William H. Park, Director
600 Dinwiddie Street
Portsmouth, VA 23704
(757) 393-8618 (Main Office)
www.portsmouthva.gov/behavioralhealthcareservices/

Suffolk

Demetrios N. Peratsakis, Director
5268 Godwin Blvd
Suffolk, VA 23434
(757) 255-7126 (Main Office)
<http://wtcsb.org>

Hampton/Newport News

Charles Hall, Director
300 Medical Drive, 2nd Floor
Hampton, VA 23666
(757) 788-0300
www.hnncsb.org

Counseling Services

Children First

Dr. Bethany Marcus
633 Rosaer Lane
Virginia Beach, VA 23464
(757) 366-9338

Jewish Family Services of Tidewater

260 Grayson Road
Virginia Beach, VA 23462
(757)459-4640
www.jfshamptonroads.org

Pendleton Child Service Center

2473 North Landing Road
Municipal Center, Bldg 23-A
Virginia Beach, VA 23456
(757) 385-4537
www.vbgov.com

The UP Center

www.theupcenter.com

Locations

Norfolk

222 West 19th Street
Norfolk, VA 23517
(757) 622-7017

1011 West 25th Street
Norfolk, VA 23517

800 Tidewater Drive
Norfolk, VA 23504

6350 Center Drive
Norfolk, VA

Portsmouth

805 Airline Blvd.
Portsmouth, VA 23707

Suffolk

109 ½ Clay Street
Suffolk, VA 23434

Lutheran Family Services of Virginia, Tidewater

130 Research Drive Ste 300
Hampton, VA 23666
(757) 722-4707
www.lfsva.org

Eden Family Institute

Virginia Beach:
184 Business Park Drive Ste 200
Virginia Beach, VA 23462
Portsmouth Location:
4401 Portsmouth Blvd.
Portsmouth, VA 23701
(757) 466-3336
www.edencounseling.com

Sibshops at CHKD

Gail Cervarich, LCSW
(757) 688-7646

Family Services Classes:

601 Children's Lane
Norfolk, VA 23507
<http://www.chkd.org/Classes/Default.aspx>

Independence Child Therapy Services, LLC

Linda Bourdon, Ed.D.
Licensed Clinical Psychologist
2940 Lynnhaven Road
Virginia Beach, VA 23452
(757) 460-2057
www.independencechildtherapy.com

Center for Child & Family Services, Inc.

2021 Cunningham Drive Ste 400
Hampton, VA 23666
(757) 838-1960
www.kidsandfamilies.com/

Parker, Schlichter and Associates
5029 Corporate Woods Drive, Suite 250
Virginia Beach, VA 23462
(757) 473-3770
<http://parkerschlichterandassociates.com>

Linda S. Young
641 Lynnhaven Parkway
Virginia Beach, VA 23452
(757) 306-4232

Agape Counseling & Therapeutic Services, Inc.
www.agapescounselingva.com

Norfolk
5900 E Virginia Beach Blvd
Norfolk, VA 23502
(757) 862-2218

Hampton
12 Salters Creek Road
Hampton, VA 23661

3221 Commander Shepard Blvd.
Hampton, VA 23666
(757) 244-3500

Spectrum Psychological Services
Dr. C. Rick Ellis, Licensed Clinical
Psychologist
1020 Independence Blvd, Suite 204
Virginia Beach, VA 23453
(757) 640-1882
www.spectrumpsychological.net

Spectrum Psychological Services
Nikki Schwartz
Counseling, Neurofeedback, Play Therapy
1020 Independence Blvd, Suite 204
Virginia Beach, VA 23453

(757) 640-1882
www.spectrumpsychological.net

Good Friend, Inc.
Videos, workshops, and lectures for Autism-
awareness
808 Cavalier Drive
Waukesha, WI 53186
(414) 510-0385
www.goodfriendinc.com

Pathways to Life, Inc.
www.pwstolife.com

Richmond
2006 Bremo Road, Suite 102
Richmond, VA 23226
(804) 592-3461

Suffolk
1510 Breezeport Way, Suite 100
Suffolk, VA 23435
(757) 967-0712

Norfolk
6330 N. Center Drive
Building 13, Suite 102
Norfolk, VA 23502
(757) 395-4122

Biomedical Approach Physicians/ General Physicians with Emphasis In Autism

Pediatric & Adolescent Ability Center (Biomedical)

Mary Megson, M.D.
7229 Forest Avenue Ste 211
Richmond, VA 23226
(804) 673-9128
www.megson.com

Dr. Joseph Marcil (Biomedical)

Onelife Fitness
3809 Princess Anne Road
Virginia Beach, VA 23456
(757) 471-2800
<http://drjoemarcil.com/home>

Princess Anne Medical Associates(Biomedical/Emphasis)

Eric M. Madren, M.D., Family Medicine
1925 Glenn Mitchell Drive Ste 100
Virginia Beach, VA 23456
(757) 689-8430
www.bayviewphysicians.com/physician/eric-madren

Dr. John Harrington (Emphasis in Autism)

Children's Hospital of The King's Daughters
601 Children's Lane
Norfolk, VA 23507
(757) 668-7179

Dental Health

Pediatric Dental Care

Allan C. Sundin, DDS, MS
1385 Laskin Road
Virginia Beach, VA 23451
(757) 425-1547
www.dr SundinSmiles.com

Greenbrier Dental Center

1059 Eden Way North
Chesapeake, VA 23320
(next to Greenbrier Mall)
www.greenbrierdental.com
757-547-2266

Drs. Hechtokopf & Cox

Rose Hall Professional Centre
3145 Virginia Beach Blvd Ste 200
Virginia Beach, VA 23452
(757) 340-2400
www.beachpediatricdentist.com

Children's Dentistry & Orthodontics

Drs. Levin, Barney, Hasty, and Rosenblum
www.wemakesmilesva.com

Locations:

Great Neck
1368 North Great Neck Road
Virginia Beach, VA 23454
(757) 496-8300

Kempsville
1055 Kempsville Road

Gentle Family and Cosmetic Dentistry

Evelyn Luma, DDS
1244 Perimeter Parkway, Suite 444
Virginia Beach, VA 23454
(757) 430-2600
www.drluma.com

Virginia Beach, VA 23464
(757) 474-1200

Pembroke
4169 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 486-2525

Chesapeake
905 North Battlefield Blvd
Suite 106
Chesapeake, VA 23320
(757) 548-3030

Randy J. Eberly, DMD
www.dreberly.com

Norfolk
801 West Little Creek Road Ste 101
Norfolk, VA 23505
(757) 423-3029

Hampton
211 Hartford Road
Hampton, VA 23666
(757) 827-3399

Hamlin and Morgan Dental
Christopher Hamlin, DDS
Pamela A. Morgan, DDS, MS
1806 Hampton Blvd
Norfolk, VA 23517
(757) 627-7550
drshamlinandmorgan.com

Townsend Brown, Jr., DDS, PC
Pediatric Dentistry
1300 Kempsville Road Ste 5
Virginia Beach, VA 23464
(757) 467-7797
www.vbkidsdds.com

LWS&S Family Dentistry

Lee Weinstein, DDS
Kimbrough Hornsby, DDS
www.lwssfamlydentistry.com

Locations:

Norfolk
300 East Little Creek Road
Norfolk, VA 23505
(757) 587-6453 (Family Dentistry)
(757) 416-7751 (Pediatric)

Kempsville
904 Kempsville Road
Virginia Beach, VA 23464
(757) 467-6453
(757) 963-0059 (Orthodontics)

Virginia Beach
1157 First Colonial Road
Virginia Beach, VA 23454
(757) 412-1114 (Family Dentistry)

Chesapeake
1230 Progressive Drive
Chesapeake, VA 23320
(757) 436-1270

Suffolk
210 Meadow View Blvd.
Suffolk, VA 23435
(757) 673-6263 (Family)
(757) 673-6250 (Orthodontics)

Department of Health (Dental Health)

109 Governor Street
Richmond, VA 23219
www.vahealth.org/dental/childrenwithspeciahealthcaer/index.htm

Developmental Medicine

Dr. Frank Aiello, III, M.D.
Children's Hospital of the King's
Daughters (CHKD)
601 Children's Lane
Norfolk, VA 23507
(757) 668-7473
www.chkd.org

Dr. Amy Newmeyer
Children's Hospital of the King's
Daughters (CHKD)
601 Children's Lane
Norfolk, VA 23507
(757) 668-7473
www.chkd.org

Dietary Needs

Navan Foods
www.navanfoods.com

Organic Food Depot
Main Office
4301 Commuter Dr., #103
Virginia Beach, VA 23462
(757) 233-6721

Holland Rd. Store
4301 Commuter Dr., #105
Virginia Beach, VA 23462
(757) 467-8999

Granby St. (Ghent) Store
1912 Granby St.
Norfolk, VA 23517-2329
(757) 623-8999

Trader Joes
503 Hilltop West Shopping Center Virginia
Beach, VA 23454
(757) 422-4840

Whole Foods Market
1800 Laskin Road
Virginia Beach, VA 23454
(757) 422-0444

Sage Organics
Taylor Rd, Suite D,
Chesapeake, VA 23321
(757) 483-8934 3304

Food Allergy Associates, LLC
Liz Koman, Ph.D.
(757) 577-2153
www.foodallergyassociates.com

Disability Services Boards – Service Referrals

The ARC of Virginia

2025 East Main Street Ste 107
Richmond, VA 23223
(804) 649-8481
www.thearcova.org

The ARC of South Hampton Roads

412 Investor's Place, Suite 102
Virginia Beach, VA 23223
(757) 828-6228

The ARC of the Virginia Peninsula

2520 58th Street
Hampton, VA 23661
(757) 896-6461

Virginia Board for People with Disabilities

1100 Bank Street, 7th Floor
Richmond, VA 23219
1-800-846-4464
(804) 786-0016
www.vaboard.org

Department of Medical Assistance Services

600 East Broad Street
Richmond, VA 23219
(804) 786-7933
www.dmas.virginia.gov

Early Intervention

Infant & Toddler Connection of Virginia

Mary Ann Discenza, Coordinator
1220 Bank Street, 9th Floor
P.O. Box 1797
Richmond, Virginia 23219-1797
(804) 786-3710
www.infantva.org

Locations:

Norfolk

6411 Tidewater Drive
Norfolk, VA 23509
(757) 441-1186

Chesapeake

224 Great Bridge Blvd
Chesapeake, VA 23320
(757) 547-8929

Virginia Beach

2307 Millwood Road

Virginia Beach, VA 23454
(757) 385-4425

Portsmouth

300 Port Centre Pkwy, Suite 103
Portsmouth, VA 23704
(757) 393-8321

Suffolk

700 Campbell Avenue
Franklin, VA 23851
(757) 562-6806

Hampton

100 Old Hampton Lane, Suite 200
Hampton, VA 23669
(757) 726-4012

Norfolk Developmental Services

225 West Olney Road
Norfolk, VA 23510

(757) 823-1600
www.norfolkcsb.org

Infant and Toddler Connection of Norfolk
6411 Tidewater Drive
Norfolk, VA 24509
(757) 441-1186

Virginia Beach Developmental Services
3432 Virginia Beach Blvd.
Virginia Beach, VA 23452
(757) 385-0600
www.vbgov.com/hs

Chesapeake Intellectual Disabilities Services
224 Great Bridge Blvd
Chesapeake, VA 23320
(757) 547-8902
www.cityofchesapeake.net

Suffolk Early Childhood Development Commission
Brenda M. O'Donnell, Coordinator
P.O. Box 188
Suffolk, VA 23439
www.suffolkecdc.com
(757) 514-7457

Suffolk Children's Center
300 Executive Court
Suffolk, VA 23434
(757) 538-2523
www.thechildrenscenter.cc

Hampton-Newport News Community Services Board
300 Medical Drive
Hampton, VA 23666
(757) 788-0300
www.hnncsb.org

Education and Special Education Resources

Virginia Department of Education, Special Education Guide
www.doe.virginia.gov/special_ed/parents/parents_guide.pdf

Wrights Law
www.wrightslaw.com

College of William and Mary, PELE Clinic
Special Education Advocacy Law
(757) 221-5735
<http://law.wm.edu/academics/programs/jd/lectives/clinics/specialed/index.php>

K12 Academics
www.k12academics.com

Financial Planning

Northwestern Mutual Financial Network Greater Hampton Roads Group
Jessica M. Butcher/ Adam M. Green
277 Bendix Road, Suite 450

Virginia Beach, VA 23452
(757) 640-1700

METLife Center for Special Needs Planning

Richmond

6641 West Broad Street
Suite 404
Richmond, VA 23230
(804) 282-7522

Virginia Beach

283 Constitution Drive, Suite 535
Virginia Beach, VA 23462
(757) 687-1334
(757) 687-1320
vheckert@metlife.com
www.vickeyheckert.metlife.com

METLife

Gregory F. Earwood
501 Wythe Creek Road Ste 206
Poquoson, VA 23662
(757) 868-7130

Northwestern Mutual

Jessica M. Butcher
277 Bendix Road, Suite 450
Virginia Beach, VA 23452
(757) 314-4604
www.nmfn.com/jessicabutcher

Liberty National Life Insurance

Jeffrey A Seddon
281 Independence Blvd Ste 216
Virginia Beach, VA 23462
(757) 490-5926

Merrill Lynch

Alexandra Babb
Jacob Pearson
999 Waterside Drive
Norfolk, VA 23510
(757) 446-4001

Commonwealth Community Trust

P.O. Box 29408
Richmond, VA 23242
(888) 241-6930
(804) 740-6930

www.commonwealthcommunitytrust.org

The ARC of Northern Virginia

98 North Washington Street, Suite 234
Falls Church, VA 22046
(703) 532-3303

The Prudential Insurance Company of America

Harrison P. Bresee, III
Financial Services Associate
4732 Longhill Road Ste 2102
Williamsburg, VA 23188
(757) 871-2245
www.prudential.com/us/harrison.bresee

Virginia Beach Community Trust

c/o Mental Retardation and Developmental Disabilities
297 Independence Blvd.
Pembroke 6
Virginia Beach, VA 23462
(757) 385-0649

Beach Financial Advisory Service

Ron Pearson
6204 Ocean Front Avenue
Virginia Beach, VA 23451
(757) 428-6634
www.beachfas.com

Hook Law Center

Special Needs Planning
www.oasthook.com/special_needs_planning.php

Locations:

Suffolk

5806 Harbour View Blvd., Suite 203
Suffolk, VA 23435
(757) 399-7506

Virginia Beach

295 Bendix Road Ste 170
Virginia Beach, VA 23452
(757) 399-7506

(757) 486-4650
www.coxandcox.com

Cox and Cox Attorneys
Lynnhaven Station Building Ste 105
101 North Lynnhaven Road
Virginia Beach, VA 23452

Forums, Meetings, Parent Support Groups, and Community Resources

Faith Inclusion Network of South Hampton Roads

Karen Jackson, Director
(757) 282-8000
www.faithinclusionnetwork.org

GRASP Global and Regional Asperger Syndrome Partnership

www.grasp.org/res_sg_VB.htm

Hope & Happiness

Lynn Pratt
3104 Clay Hill Road
Suffolk, VA 23434
(757) 986-3353
Email: lynnsuffolk@aol.com

Parents of Children with Special Needs CHKD Care Connections for Children

JoAnna Bryant, Coordinator
(757) 668-7941
(757) 668-8546

“Teen Night” and “Tween Time”

F.A.C.T.

Teen Night: 15-21 yrs old
Contact: pamkgray@gmail.com
Tween Time: 11-14 yrs old
Contact: amy4fact@cox.net
www.camp4autism.org

Peninsula Autism Connection

Email:
peninsulaautismconnection@gmail.com

Facebook:
<https://www.facebook.com/groups/PeninsulaAutismConnection/>

Autism Fellowship

www.autismfellowship.com

SMART One, Inc.

Jene Miller, Coordinator
(757) 272-4503
Programs and Activities/Groups
Cheerleading, Swim, Playgroups, Computer,
Living Skills
www.smartoneinc.net

Support Services of Virginia, Inc.

Andie Plumley
412 Investor's Place Suite 102
Virginia Beach, VA 23452
(757) 497-6111
www.ssvainc.org

Hampton Roads Parenting Education Network (HRPen)

(757) 668-7402
Hampton Healthy Families Partnership
Michele Tyron

(757) 727-1300, extension 0
www.chkd.org/Services/HRPEN

Food Allergy Support Group of Tidewater
www.fasgot.com

Food Allergy Association of Virginia Beach
Kristin Osborne, President
(757) 774-7104
www.faavb.org

Food Allergy Associates, LLC
(757) 577-2153
www.foodallergyassociates.com

Blogs:

www.Autisable.com
Real Blogs from People Tackling the
Puzzle of Autism

www.Shesmoerthanonenumber.blogspot.com
Blogs from a young lady on the Au-
tism Spectrum

Ra'Gene B. Myrick Foundation, Inc.
Mrs. Regina A. Myrick, President
404 South College Drive
Franklin, VA 23851
(757) 544-0213
www.ragenebmyrick.com

Facebook Groups

Autism Society, Tidewater Virginia
<http://www.facebook.com/tidewaterasa/>

Spectrum Parents
<http://www.facebook.com/groups/spectrumparents/>

Virginia Beach Homeschoolers
<http://www.facebook.com/groups/VABHA/>

The Multiple Autism Network
<http://www.facebook.com/groups/themultipleautismnetwork/>

Meetup Groups:

Autism Society, Tidewater Virginia Meetup Group
<http://www.meetup.com/tidewater-autism/>

Asperger's/ASD Support TEAM of Tidewater
<http://www.meetup.com/Tidewater-Aspergers-TEAM/>

Autism Resource Connection
<http://www.meetup.com/AutismResourceKinnection/>

Hampton Roads Parents of Children with Autism
<http://www.meetup.com/Hampton-Roads-Parents-of-Children-with-Autism/profile/>

Autism Spectrum Parents in Virginia Beach
<http://www.meetup.com/Autism-Spectrum-Parents-in-Virginia-Beach/>

Guardianship Assistance/ Estate Planning

Guardianship = G
Estate Planning = EP
Trust Counseling = TC

First Home Care Day Support Services (G)

MiMi Sedjat
230 Fort Lane
Portsmouth, VA 23704
Mimi.sedjat@uhsinc.com
(757) 397-2546
www.firsthomecareweb.com

Virginia Guardianship Association (G)

Post Office Box 6357
Newport News, VA 23606
(804) 261-4046
www.vgavirginia.org

Leigh Anne Bowling, JD, LLM (G, EP, TC) *Law Office of Leigh Anne Bowling, JD, LLM, PC*

1604 Hilltop West Executive Center, Ste 319
Virginia Beach, VA 23451
(757) 227-5426
www.bowlinglawfirm.com

Rack & Olansen, P.C. (G, EP, TC)

Kevin Rack and Nathan Olansen
249 Central Park Avenue, Ste 200
Virginia Beach, VA 23462
(757) 605-5000
www.racklaw.com

Wolcott, Rivers, Gates (G, EP, TC)

M. Powell Peters
Charles Arthur Robinson
301 Bendix Road, Ste 500
Virginia Beach, VA 23452
(757) 644-4203
www.wolcottriversgates.com

Midgett & Preti PC (G, EP, TC)

John Midgett, Todd Preti, and Sherri Nelson
2901 S. Lynnhaven Road, Suite 120
Virginia Beach, VA 23452
(757) 687-8888
www.midgettpreti.com

Joseph A. Di Julio (EP, TC)

Williams Mullen Law Firm
www.williamsmullen.com/jdijulio/

Locations:

222 Central Park Avenue, Ste 1700
Virginia Beach, VA 23462
(757) 499-8800

Fountain Plaza Three
721 Lakefront Commons, Suite 200
Newport News, VA 23606
(757) 249-5100

1700 Dominion Tower
999 Waterside
Norfolk, VA 23510
(757) 622-3366

Hair and Beauty Services

Pigtails and Crewcuts

Hilltop East Shopping Center
1554 Laskin Road, Suite 104
Virginia Beach, VA 23451
(757) 422-8888
www.pigtailsandcrewcuts.com/virginia-beach/

Holistic

Dr. Margaret Gennaro

Neck, Back, and Beyond
10560 Main Street
Fairfax, VA 22030
(703) 865-5692
Email: drgennaro@webtv.net
www.neckbackandbeyond.com

Local Related Agencies

Endeppence Center

6300 East Virginia Beach Blvd
Norfolk, VA 23502
(757) 461-8007
www.endeppence.org

Cerebral Palsy of Virginia

5825 Arrowhead Drive, Suite 201
Virginia Beach, VA 23462
Phone: (757) 497-7474
www.cerebralpalsyofvirginia.org

Down Syndrome Association of Hampton Roads

Endeppence Center
6300 East Virginia Beach Blvd

Norfolk, VA 23502
(757) 466-3696
www.dsahr.org

Families of Autistic Children of Tidewater (FACT)

(757) 422-2040
www.camp4autism.org

Special Needs Assistance Program for Children

(757) 440-5254
www.snap4kids.org

Family Services of Tidewater, Inc.

222 West 19th Street
Norfolk, VA 23517
(757) 622-7017

***Carpe Diem Children's Services of
Hampton Roads***

3500 Tejo Lane
Chesapeake, VA 23321
(757) 638-5500
www.carpediemofva.com

Tidewater Child Development Services

830 Southampton Avenue, Suite 2093
Norfolk, VA 23510
(757) 683-8770
[www.norfolk.gov/pub_health/ChildServices.
asp](http://www.norfolk.gov/pub_health/ChildServices.asp)

Virginia Autism Project

43260 Atherton Street
Asburn, VA 20147
www.virginiaautismproject.com

Virginia Board for People with Disabilities

Washington Building
1100 Bank Street 7th Floor
Richmond, VA 23219
(804) 786-0016
1-800-846-4464
www.vaboard.org

Virginia 2-1-1

Information and Referrals
Dial 2-1-1
www.211virginia.org

***Commonwealth of Virginia Assistive
Technology Loan Fund Foundation***

NewWell Fund
(866) 835-5976
www.vadrs.org/cbs/cilslisting.htm
www.newwellfund.org

The Ability Center

Jeff Byrd, Ability Consultant
3301 N. Military Highway
Norfolk, VA 23518
(757) 201-7495
www.abilityva.com

Military Resources and Services

Navy – Local EFMP Contacts:

Mid-Atlantic Region

Brenda C. Bollenberg: (757) 322-9158
brenda.bollenberg.ctr@navy.mil

Oceana

Robin Conley: (757) 433-2912
robin.conley.ctr@navy.mil
Douglas Morfeld: (757) 445-3073
douglas.morefield@navy.mil

Yorktown, Newport News, Sugar Grove

Deanne Noel: (757) 887-4606
Deanne.noel.ctr@navy.mil

JEB Little Creek/Fort Story

Pat Resnick: (757) 462-7563
patricia.resnick.ctr@navy.mil

Norfolk

Loris Velez-Acevedo: (757) 44-2102
loris.velezacevedo.ctr@navy.mil

Portsmouth Naval Medical Center

Glenda Lewis-Fleming: (757) 953-7379
Glenda.lewis-fleming@med.navy.mil

Navy Exceptional Family Member Program (EFMP)

Portsmouth Naval Medical Center EFMP
Office
(757) 953-5833
www.npc.navy.mil/CommandSupport/ExceptionalFamilyMember/

Fleet & Family Support Center of Hampton Roads

1-800-372-5463
(757) 444-NAVY
www.CNIC.navy.mil/navylifeMA

Locations:

Norfolk Naval Station
7928 14th Street Ste 102
Norfolk, VA 23505
(757) 444-2102

Little Creek/Fort Story
1450 D Street
Norfolk, VA 23521
(757) 462-7563

Oceana Naval Air Station
1896 Laser Road Ste 120
Virginia Beach, VA 23460
(757) 433-2912

Dam Neck Annex
2073 Tartar Avenue Bldg 585
Virginia Beach, VA 23454
(757) 492-6342

Northwest Annex Naval Support
4504 Relay Road Bldg 374
Chesapeake, VA 23322
(757) 421-8770

Yorktown Naval Weapons Station
1949 Von Steuben Drive
Newport News, VA 23603
(757) 887-4606

Newport News Shipyard
3101 Washington Avenue

Newport News, VA 23607
(757) 688-6289

Portsmouth Naval Medical Center
620 John Paul Jones Circle Bldg 249
Portsmouth, VA 23708
(757) 953-7801

***Air Force - Langley Air Force Base:
Special Needs Identification***

Program/EFMP-Medical
Peggy Gunther: (757) 225-5950
peggy.gunther@langley.af.mil

EFMP-Family Support Coordinator

Ursula Santiago: (757) 764-3990
Usula.santiago@langley.af.mil

Janice McGhee: (757) 764-6352

***Langley Airman & Family Readiness
Center***

45 Nealy Avenue, Suite 100
Langley AFB, VA 23665
(757) 764-3990

Marine Corps EFMP:

EFMP Contact
Kim Carmon-Stanley: (757) 953-2270
Kimberly.carmon-stanley@med.navy.mil

Kai Faison: (757) 836-0078
kai.faison@usmc.mil

Karina Phillips: (757) 445-6875
phillipskm@usmc-mccs.org

***Marine Corps Exceptional Family Member
Program***

Marine Corps Community Services
HQ MCCDC, 3019 Embry Loop
Quantico, VA 22134-5012
(703) 784-2172

Army – Fort Eustis:

EFMP Contact

Marlene F. Cherrye: (757) 878-1954
marlene.f.cherrye.civ@mail.mil

***Army Exceptional Family Member
Program***

McDonald Army Community Hospital
Jefferson Avenue, Bldg 576
Fort Eustis, VA 23604
(757) 314-7500

Coast Guard:

EFMP Contacts

Kelly Beck: (757) 686-4025
Kelly.a.beck@uscg.mil

Donna Pass-Otteni: (757) 686-4023
donna.s.pass-otteni@uscg.mil

***Coast Guard Portsmouth Special Needs
Program***

4000 Coast Guard Blvd
Portsmouth, VA 23703
Family Advocacy Specialists
Aretha Thomas: (757) 686-4036
Lilly Cockrill: (757) 686-4027

Medical:

TRICARE North Region

1-877-874-2273 (1-877-TRICARE)
www.mytricare.com

Portsmouth Naval Hospital

Pediatric Specialty Clinics

Neuro-developmental, Neurology, Autism
Spectrum Disorder Assessment Clinic
620 John Paul Jones Circle
Porsmouth, VA 23708
(757) 953-5000

(need referral from Primary Care Manager)

Respite Care Program:

Military Respite Care Program

Call NACCRA-Military Families for Intake
Paperwork

1515 N. Courthouse Road, 11th Floor
Arlington, VA 22201

Director: Betty Underwood
(800) 424-2246

www.naccrra.org/military-families

The Planning Council (assistance in finding respite care provider)

5365 Robin Hood Road, Suite 700
Norfolk, VA 23513
(757) 622-9628

Support Groups, Facebook Support Pages

Exceptional Family Member Program Support Group

(Norfolk/ Virginia Beach)
Ladene Suggs: (757) 460-1236
nadine244@juno.com

Special Needs Support for Military Families

www.facebook.com/#!/groups/SNSFMF

American Military Families Autism Support

Hampton Roads Group- run by parents

<https://www.facebook.com/groups/162451563867126/>

National Group- run by parents

<https://www.facebook.com/militaryautism?fref=ts>

National Programs

ADA Information Center-National Center

451 Hungerford Drive Ste 700
Rockville, MD 20850
1-800-949-4232
(301) 217-0124
www.adainfo.org

ADA Information Center- Virginia Mid-Atlantic ADA Center

Virginia ADA Coalition
Independence Center
Kelly Maxwell Gonzalez
6300 E. Virginia Beach Blvd.
Norfolk, VA 23502
(757) 461-8007

Autism Society (National Location)

4340 East-West Highway Ste 350
Bethesda, MD 20814
1-800-3AUTISM (1-800-328-8476)

(301) 657-0881

www.autism-society.org

National Autism Center

41 Pacella Park Drive
Randolph, MA 02368
1-877-313-3833
www.nationalautismcenter.org

Autism Speaks

www.autismspeaks.org

Talk About Curing Autism (TACA)

www.tacanow.org

Generation Rescue

www.generationrescue.org

National Rehabilitation Information Center (NARIC)

8400 Corporate Drive, Suite 500
Landover, MD 20785

1-800-346-2742
(301) 459-5900
www.naric.com

Families for Early Autism Treatment
www.feat.org

Unlocking Autism
P.O. Box 208
Tyrone, GA 30290
(866) 366-3361
www.unlockingautism.org

***National Dissemination Center for
Children with Disabilities (NICHCY)***
1825 Connecticut Avenue NW Ste 700
Washington, DC 20009
(800) 695-0285
(202) 884-8200
www.nichcy.org

Organization for Autism Research (OAR)
2000 North 14th Street Ste 710
Arlington, VA 22201
(703) 243-9710
www.researchautism.org

Autism Research Institute
4182 Adams Avenue
San Diego, CA 92116
(866) 366-3361
www.autism.com

Children's Angel Flight
Air Travel for Medical Purposes Program
4620 Haygood Road, Suite 1
Virginia Beach, VA 23455
(757) 512-5267
www.ChildrensAngelFlight.org

Neurofeedback

Spectrum Psychological Services
Nikki Schwartz
Counseling, Neurofeedback, Play Therapy
1020 Independence Blvd, Suite 204
Virginia Beach, VA 23453
(757) 640-1882
www.spectrumpsychological.net

Parker, Schlichter and Associates
5029 Corporate Woods Drive, Suite 250
Virginia Beach, VA 23462
(757) 473-3770
www.parkerschlichterandassociates.com

Neurologists

Child & Adolescent Neurology
Children's Hospital of the King's Daughters
(CHKD)
Neuro-Developmental Center
850 Southampton Avenue
Norfolk, VA 23510
(757) 668-9920
(757) 961-0169
www.chkd.org

Occupational Therapists & Physical Therapists

Children's Hospital of the King's Daughters (CHKD)
601 Children's Lane
Norfolk, VA 23507
(757) 668-7000
www.chkd.org/Services/PTOTST/

Rehabilitation Associates, P.C.
4560 South Blvd., Suite 310
Virginia Beach, VA 23452
(757) 490-3223
(800) 568-9269
www.rehabilitationassociates.com

PhysioTherapy Associates
1400 Fordham Drive
Virginia Beach, VA 23464
(757) 361-3951
www.physiocorp.com

Dianne D. Epplein & Associates
818 Newtown Road
Virginia Beach, VA 23462
(757) 473-8016
www.ddepdiatrictherapy.com

Dominion Physical Therapy & Associates, Inc.

729 Thimble Shoals Blvd Ste 4-C
Newport News, VA 23606
(757) 873-2932
www.dompt.com

Southeastern Physical Therapy
www.southeasternpt.com

Locations:

Great Neck
1157 First Colonial Road, Suite 201
Virginia Beach, VA 23454
(757) 481-0052

Kempsville
5301 Providence Road, Suite 80
Virginia Beach, VA 23464
(757) 575-2039

General Booth
2020 General Booth Blvd, Ste 120
Virginia Beach, VA 23454
(757) 467-5505

Therapy for Kids

5301 Providence Road, Ste. 80

Virginia Beach, VA 23464

(757)-1900 Ext. 204

www.southeastern4kids.com

Physical Therapy Works for Kids

www.ptworks.net

(757) 539-6300

Locations:

Suffolk

2007 Meade Parkway

Suffolk, VA 23434

(757) 539-0704

Smithfield

1250 Smithfield Plaza

Smithfield, VA 23430

(757) 357-6869

Tidewater Therapy for Children

4016 Raintree Road, Suite 240

Virginia Beach, VA 23321

(757) 488-2864

www.tidewatertherapy.com

Therapy Choice OT

1157 First Colonial Parkway, Suite 301

Virginia Beach, VA 23454

(757) 422-6342

www.therapychoiceot.net

Coastal Rehab

101 Medical Drive

Elizabeth City, NC 27909

(252) 338-2114

www.coastalrehabnc.com

Ophthalmologists

Dr. Joel Lall-Trail

885 Kempsville Road, Suite 101

Norfolk, VA 23502

(757) 461-3106

Developmental Vision Care, P.C.

Dr. Kenneth R. Westcott, O.D.

1417 North Battlefield Blvd Ste 170

Chesapeake, VA 23320

(757) 410-3005

www.d-visioncare.com

Chesapeake Eye Care and Laser Center

Grifey & Whitelock Eye Specialists

www.griffey2020.com

Locations:

Chesapeake

560 Kempsville Road, Suite 100

Chesapeake, VA 23320

(757) 410-9500

Norfolk

3921 Granby Street

Norfolk, VA 23504

(757) 410-9500

Virginia Pediatric Eye Center
Dr. Earl Crouch Jr., M.D., F.A.C.S.
www.virginiapediatricseye.com
(757) 461-0050

Locations:

Norfolk
880 Kempsville Road
Norfolk, VA 23502

CHKD
601 Children's Lane
5th Floor, Suite 5D
Norfolk, VA 23507

Hampton
Executive Towers
2101 Executive Drive, 6th Floor
Hampton, V A 23666

Dr. Joel N. Zaba
www.optometrists.org/zaba

Locations:

Virginia Beach
Pembroke 1, Suite 105
281 Independence Blvd
Virginia Beach, VA 23462
(757) 497-9575

Norfolk
1232 W. Little Creek Rd, Suite 200
Norfolk, VA 23505
(757) 489-9656

Psychiatrists/Psychologist

Eastern Virginia Medical School
*Department of Psychiatry and Behavioral
Sciences*

ASD Program for Older Adolescents and
Young Adults
825 Fairfax Avenue
Hofheimer Hall, Suite 710
Norfolk, VA 23507
(757) 446-5888
www.evms.edu

Dr. Charles Parker
Parker, Schlichter & Associates
5029 Corporate Woods Drive, Suite 250
Virginia Beach, VA 23462
(757) 473-3770
www.parkerschlichterandassociates.com

Hampton Mental Health Associates
Martha Jones, MSN, CPNP, PMHS
2208 Executive Drive, Suites A, C, & E
Hampton, VA 23666
(757) 826-7516
www.hmha.net

Churchland Psychiatric Association
Vike Xides, LCSW
Academy Crossing Medical Plaza
3300 Academy Drive
Portsmouth, VA 23703
(757) 483-6404

Dominion Psychiatric

2580 Potters Road
Virginia Beach, VA 23452
(757) 498-9391
www.dominionpsych.com

Spectrum Psychological Services

Carl R. Ellis, Ed.D.
1020 Independence Blvd., Suite 204
Virginia Beach, VA 23453
(757) 640-1882
www.spectrumpsychological.net

Community Psychological Resources

Margaret McDowell
249 West York Street
Norfolk, VA 23510
(757) 622-6794

Dr. Peter Dozier, M.D.
***Children's Hospital of the King's
Daughters***

Behavioral Pediatrics
601 Children's Lane
Norfolk, VA 23507
(757) 668-8866

Dr. Kathrin Hartmann, PhD

*Associate Professor and Clinical
Psychologist*
EVMS Health Services
Department of Psychiatry and Behavioral
Sciences
825 Fairfax Avenue
Hofheimer Hall, 7th Floor
Norfolk, VA 23507
(757) 446-5888
www.evmshealthservices.org

***Independence Child Therapy Services,
LLC***

Linda Bourdon, Ed.D.
Licensed Clinical Psychologist
2940 Lynnhaven Road
Virginia Beach, VA 23452
(757) 460-2057
www.independencechildtherapy.com

Hampton Roads Neuropsychology
www.hamptonroadspsychology.com

Locations:

Virginia Beach
780 Lynnhaven Road, Ste 340
Virginia Beach, VA 23452
(757) 498-9585

Newport News
739 Thimble Shoals Blvd, Ste 704
Newport News, VA 23606
(757) 498-9585

Public School Information/Parent Resource Centers

Virginia Beach Public Schools

www.vbschools.com

Parent Resource Center

Laskin Road Annex

1413 Laskin Road

Virginia Beach, VA 23451

(757) 263-2800

Special Education Advisory Committee

(SEAC): (757) 368-5327

Office of Programs for Exceptional Children: (757) 263-2400

Chesapeake Public Schools

www.cpschools.com

Parent Resource Center

369 South Battlefield Blvd

Chesapeake, VA 23322

(757) 482-5923

Special Education Director, Craig Pinello:

(757) 494-7600

Norfolk Public Schools

www.nps.k12.va.us

Parent Resource Center

132 North Military Highway

Norfolk, VA 23502

(757) 892-3385 ext. 3408

Special Education Director, Sandra Witcher:

(757) 628-3950

Special Education Advisory Committee

(SEAC), Ginny Bobby: (757) 515-0261

Portsmouth Public Schools

www.pps.k12.va.gov

Parent Resource Center/Family Information Center

2801 Turnpike Road

Portsmouth, VA 23707

(757) 289-8990

Special Education Office:

Judith Fagan (757) 393-8792

Pamela Hardy (757) 393-8658

Suffolk Public Schools

www.spk12.net

Parent Resource Center

2316 William Reid Drive

Suffolk, VA 23434

(757) 925-5785

Debra Bagley

Hampton Public Schools

www.sbo.hampton.k12.va.us

Parent Resource Center

1145 W. Queen Street

Hampton, VA 23669

Nancy Whitaker: (757) 896-7628

Newport News Public Schools

www.sbo.nn.k12.va.gov

Parent Resource Center

21 Burns Drive

Newport News, VA 23601

Ruthann Newton: (757) 591-4527

Virginia Department of Education Parent Resource Center (VDOE)

Judith Hudgins

(804) 371-7421

Respite Care & Childcare Referral

Babysitease

(757) 689-8748

www.babysitease.com

1/2 price for ASA families

Care.Com, Inc.

1-877-227-3115

201 Jones Road, Suite 500

Waltham, MA 02451

www.care.com

NACCRRRA Child Care Referral Services

1515 N. Courthouse Road, Floor 11

Arlington, VA 22201

(703) 341-4100

www.naccrra.org

Children's Advocacy & Services Group, LLC

Center Based After School/Weekends Respite Care

757-376-3147

www.childensadvocacyandservicesgroup.com

Precious Pearls Childcare Center

For Children With Special Needs

7808 Wildwood Drive

Norfolk, VA 23518

(757) 961-1196

(757) 286-9900

Safety and Tracking Devices

Project Lifesaver International

Check website for further city listings

www.projectlifesaver.org

Locations:

Project Lifesaver Chesapeake

815 Battlefield Blvd South

Chesapeake, VA 23322

(757) 546-5502

Project Lifesaver Norfolk

811 E. City Hall Ave.

Norfolk, VA 23510

(757) 328-2485

Project Lifesaver Portsmouth

Portsmouth Police Department

711 Crawford Street

Portsmouth, VA 23704

(757) 686-2566

Sgt Teresa Faesi

(757) 391-3202

Deputy Larry Compton

(757) 686-2565

Project Lifesaver Portsmouth

Portsmouth Fire Department

641 Broad Street

Portsmouth, VA 23707

(757) 393-8167

Project Lifesaver Virginia Beach

2509 Princess Anne Road

Virginia Beach, VA 23456

(757) 282-8566

MPO Allen Perry

alperry@vb.gov.com

757-385-2804

www.VirginiaBeachProjectlifesaver.com

Project Lifesaver Hampton
Hampton Sheriff's Office
1928 W. Pembroke Avenue
Hampton, VA 23661
(757) 926-2509

www.ion-kids.com

Computer Aided Dispatch System
911 Registry
Virginia Beach – M.P.O. S.L. Wichtendahl
(757) 437-7656

Project Lifesaver Newport News
Newport News Sheriff's Office
224 26th Street
Newport News, VA 23607
(757) 926-8149

***Hampton Roads Medical Needs Registry
Emergency Preparedness Tool***
Hampton Roads Planning District Commis-
sion (HRPDC)
723 Woodlake Drive
Chesapeake, VA 23320
(757) 420-8300
specialneeds@hrpdcva.gov
www.hrspecialneeds.org

MedicAlert
2323 Colorado Avenue
Turlock, CA 95382
(888) 633-4298
www.medicalert.org

IonKids
2306 Masonwood Way
Round Rock, TX 78681
1-888-846-6543

Secondary Educational Programs (Adults)

***Tidewater Community College
Disability Services***
Linda Harris, College-wide Coordinator
1700 College Crescent
Lynnhaven Building, Room 120
Virginia Beach, VA 23453
(757) 822-7751
www.tcc.edu/students/specialized/disabilityservices/

College of Education & Human Services
Huntington, WV 25755
(304) 696-2332
www.marshall.edu/coe/atc

***College Living Experience, Inc.
National Admissions***
7150 Columbia Gateway, Suite J
Columbia, MD 21046
(800) 486-5058
www.CLEinc.net

The University of Iowa, REACH
College of Education
S229 Lindquist Center
Iowa City, IA 52242
REACH@uiowa.edu
(319)384-2127

***Marshall University
West Virginia Autism Training Center***
One John Marshall Drive Ste 316

***Old Dominion University
Say Yes to College Program***
College Transition Program for Students
with Disabilities
Joann Ervin
Old Dominion University
Education Building, Room 252-1
Norfolk, VA 23529
www.ahead.org/affiliates/virginia/transition-

[program](#)

Social Services & Social Security

Chesapeake Department of Social Services

S. Michelle Cowling, Director
100 Outlaw Street
Chesapeake, VA 23320
(757) 382-2000

Norfolk Department of Human Services

Stephen Hawks, Director
Franklin Building
741 Monticello Avenue
Norfolk, VA 23510
(757) 664-6000

Portsmouth Department of Social Services

Jacqueline Scott, Director
1701 High Street, Suite 101
Portsmouth, VA 23704
(757) 405-1800

Suffolk Department of Social Services

Azeez Felder, Director
135 Hall Avenue, Suite B
Suffolk, VA 23434
(757) 514-7450

Virginia Beach Department of Human Services

Robert R. Morin, Jr., Director
3432 Virginia Beach Blvd, Suite 342
Virginia Beach, VA 23452
(757) 437-3200

Hampton Department of Social Services

Wanda Rogers, Director
1320 LaSalle Ave.
Hampton, VA 23669
(757) 727-1800

Newport News Department of Human Services

Glenn Butler, Director
Rouse Tower, 6060 Jefferson Ave.
Newport News, VA 23605
(757) 926-6300

Social Security Administration Offices (800) 772-1213

Norfolk & Chesapeake
5850 Lake Herbert Drive
Norfolk, VA 23502

Virginia Beach
2875 Sabre Street, Suite 100
Virginia Beach, VA 23452

Portsmouth
3305 Airline Blvd
Portsmouth, VA 23701

Suffolk
502 Hillpoint Blvd
Suffolk, VA 23434

Hampton
1521 Hardy Cash Drive
Hampton, VA 23666

Newport News
11706 Jefferson Ave
Newport News, VA 23606

Social Skills Therapy

Social Butterflies Club

Atlantic Speech Therapy

1157 First Colonial Road, Suite 301
Virginia Beach, VA 23454
(757) 422-6342
www.atlanticspeechtherapy.org

Southeastern Skill Builders

4509 Colley Avenue
Norfolk, VA 23508
(757) 749-2207
www.southeasternskillbuilders.com

Autism Tutoring Services

Judy Lambert
1132 Rollingwood Arch
Virginia Beach, VA 23464
(757) 619-0860

CHIT-CHAT

Summer Social Skills Group
Jodi Schwartz, M.S., CCC-SLP
Dina Horwitz, M.S., CCC-SLP
(917) 293-4710
(917) 355-1089

The Learning Resource Center

Friendship Club
935 First Colonial Rd
Virginia Beach, VA 23454
(757) 428-3367
www.learningresourcecenter.org

Speech/Language/Sign Therapy

www.chkd.org/Services/PTOTST/

Diann Shorter

Advanced Signing Time Instructor
Facebook: SignWithMe
(757) 968-2121
www.signwithmeva.blogspot.com
www.signwithmeva.com

Norfolk Speech and Language Services

4509 Colley Avenue
Norfolk, VA 23508
(757) 423-1933
www.norfolkspeech.com

Children's Hospital of the King's Daughters (CHKD)

601 Children's Lane
Norfolk, VA 23507
(757) 668-7083

PhysioTherapy Associates

Pediatrics-Kemp River
1400 Fordham Drive
Virginia Beach, VA 23464
(757) 361-3954
<http://www.physiocorp.com/facility/60312/VA/Virginia%20Beach/Pediatrics%20-%20Kemps%20River>

Southeastern therapy for kids

Beth King, Director
(757) 467-1900, Ext. 204
www.southeastern4kids.com
Virginia Beach:
5301 Providence Road, Suite 80
Virginia Beach, VA 23464

1157 First Colonial Road, Suite 201
Virginia Beach, VA 23454

Norfolk:

765 W. Little Creek Road
Norfolk, VA 23505

Rehabilitation Associates, P.C.

4560 South Boulevard, Suite 310
Virginia Beach, VA 23452
(757) 490-3223

www.rehabilitationassociates.com

Dianne D. Epplein & Associates

Pediatric Therapy

818 Newtown Road
Virginia Beach, VA 23462
(757) 473-8016

www.ddepdiatrictherapy.com

Southeastern Physical Therapy

www.southeasternpt.com

Locations:

Virginia Beach

1557 First Colonial Road, Suite 201
Virginia Beach, VA 23454
(757) 481-0052

5301 Providence Road, Suite 80
Virginia Beach, VA 23464
(757) 467-4604

2020 General Booth Blvd, Suite 120
Virginia Beach, VA 23454
(757) 467-5505

Sense Abilities Pediatric Therapy, LLC

Peggy P. Joseph, MS, CCC-SLP
(757) 718-8505

ChesapeakeSensabilites@gmail.com

Speech & Language Service of Virginia

Nikki Paquette

757-262-8644

Paquette.nikki@gmail.com

Physical Therapy Works for Kids

www.ptworks.net

Locations:

Suffolk
2007 Meade Parkway
Suffolk, VA 23434
(757) 539-6300

1931 Holland Road
Suffolk, VA 23434
(757) 925-4500

1250 Smithfield Plaza
Smithfield, VA 23430
(757) 357-6869

Tidewater Therapy for Children

4016 Raintree Road, Suite 240
Chesapeake, VA 23321
(757) 488-2864

www.tidewatertherapy.com

Coastal Rehab

101 Medical Drive
Elizabeth City, NC 27909
(252) 338-2114

www.coastalrehabnc.com

Tech 4 Speech

www.tech4speech.org

info@tech4speech.org

Sports/ Therapeutic Recreation Programs

Renegades Cheer Association

Special Needs Team – “Shining Stars”

Theresa Cole, President & Head Coach
549 South Birdneck Road, Suite 106
Virginia Beach, VA 23451
(757) 285-6492

<http://www.leaguelineup.com/welcome.asp?url=cheerrenegades>

Boy Scouts of America, Tidewater Council

1032 Heatherwood Drive
Virginia Beach, VA 23455
(757) 497-2688

www.tidewaterbsa.com

Challenged Athletes of West Virginia

Adaptive Sports Program
David Begg
10 Snowshoe Drive
Snowshoe, WV 26209
(304) 572-6708
www.cawvsports.org

EQUI-KIDS Therapeutic Riding Program

2626 Heritage Park Drive
Virginia Beach, VA 23456
(757) 721-7350
www.equikids.org

Adaptive Movements Program

Linda Miller-Dunleavy
2157 Landstown Road
Virginia Beach, VA 23456
(757) 427-3955
www.beachfieldhouse.com/campsclinics/610522.html

Little League, Challenger Division

Email: norfolkchallenger@cox.net
Norfolk

Gary Owens
(757) 480-3304

Virginia Beach
Steve Hackforth
(757) 749-2564

Chesapeake
Jeff Parker
(757) 646-2024

Special Olympics

Brad Stevens
Locations for Virginia Beach, Portsmouth,
Norfolk, and Chesapeake
(Person must have an Intellectual Disability
diagnosis to participate)
www.area2specialolympicsva.org

Play by play Improv, LLC

Katie Anderson
playbyplayimprov@gmail.com
(757) 692-1802
<http://playbyplayimprov.com>

Therapeutic Recreation Centers

Locations:

Chesapeake
Jessica Smith, CTRC
1224 Progressive Drive, Suite 200
Chesapeake, VA 23320
(757) 382-1328

Norfolk
Darrell Crittendon
180 E. Evans Street
Norfolk, VA 23503
(757) 441-1764

Portsmouth
Art Wililams
John F. Kennedy Recreation Center

12 Grand Street
Portsmouth, VA 23701
(757) 393-8340

Virginia Beach
Teri Dalone
800 Monmouth Lane
Virginia Beach, VA 23464
(757) 474-8877

Hampton
3501 Kecoughtan Road
Hampton, VA 22661
(757) 727-1977

Newport News
700 Town Center Drive, Suite 320
Newport News, VA 23606
(757) 926-1400

Virginia Rush Soccer Club

www.varush.com

TOPSoccer
(The Outreach Program for Soccer)

Locations

Southside:

Virginia Beach Sportsplex
2181 Landstown Road
Virginia Beach, VA 23456
(757) 430-3500

Peninsula:

28 Research Drive, Suite C
Hampton, VA 23666
(757) 224-0213

The First Tee of Hampton Roads YMCA

www.thefirstteehr.org

Locations:

Virginia Beach:
2400 Tournament Road
Virginia Beach, VA 23456
(757) 563-8990

Norfolk:

4301 Powhatan Avenue
Norfolk, VA 23508
(757) 563-8990

Dream Catchers Williamsburg

Terry Jacoby, Donor Relations Coordinator
Cori Sikich Therapeutic Riding Center
10120 Fire Tower Road
Toano, VA 23168
(757) 566-1775

www.dreamcatcherswilliamsburg.org

Triple-R Ranch Therapeutic Riding Program

3531 Bunch Walnut Road
Chesapeake, VA 23322
(757) 421-4177

www.triplerranch.org

YMCA South Hampton Roads Operations Center

4101 Granby Street Ste 305
Norfolk, VA 23504
(757) 962-2112

www.ymcashr.org

KelsKids

Adaptive Aquatic Lessons
200 David Street
Kill Devil Hills, NC
(252) 489-5589

www.kelskids.org

Adaptive Movement Programs

Linda Miller-Dunleavy
757-630-9801

The Music Staff, Inc.

3100 Tyre Neck Road
Chesapeake, VA 23321-5309
(757) 483-4900

www.themusicstaff.com

Centerstage Academy

Joy of Acting Class

4030 George Washington Highway
Yorktown, VA 23692

(757) 890-0175
www.CenterstageAcademyVA.com

State Resources

Commonwealth Autism Services
2201 West Broad Street, Suite 107
Richmond, VA 23220
(800) 649-8481
(804) 355-0300
www.autismva.org

Virginia Autism Resource Center (VARC
Virginia Commonwealth University)
4100 Price Club Blvd
Midlothian, VA 23112
1-877-667-7771
(804) 674-8888 ext 5161
www.varc.org

Division of Special Education and Student Services
James Monroe Building
101 North 14th Street
Richmond, VA 23219
1-800-292-3820
http://www.doe.virginia.gov/about/spec_ed_and_stu_svs/index.shtml

Summer Camp

Campgonnawannagoagin
Families of Autistic Children of Tidewater (FACT)
(757) 422-2040
www.camp4autism.org

Camp Easter Seals
Easter Seals Virginia
900 Camp Easter Seals Road
New Castle, VA 24127
(540) 777-7325 Ext. 107 (Year-Round)
(540) 864-5750 (open May – August)
www.campeastersealsucp.com/

Cerebral Palsy of Virginia
5825 Arrowhead Drive Ste 201
Virginia Beach, VA 23462
(757) 497-7474
www.cerebralpalsyofvirginia.org/summer_camp.html

Camp Holiday Trails
400 Holiday Trails Lane
Charlottesville, VA 22903
(434) 977-3781
www.campholidaytrails.org

Camp Virginia Jaycee
P.O. Box 648
Blue Ridge, VA 24064
(540) 947-2972
www.campvajc.org

Camp Horizon
The UP Center
222 West 19th Street
Norfolk, VA 23517

(757) 622-7017
www.theupcenter.org/programs/disability.html

Therapeutic Summer Program

Step by Step Consulting, Inc.

156 Burnetts Way
Suffolk, VA 23434
(757) 934-6470

www.sbscvva.com/page/programs-and-services/

C.A.T.C.H.

Concerned Adults Teaching Children Hope

46 W. Mercury Blvd.
Hampton, VA 23669
(757) 851-0101

www.projectcatch.org

Young Life Capernaum-Hampton Roads

113 53rd St, Suite C
Virginia Beach, VA 23451
(804) 380-2330

www.capernaumhr.com

Civitan Acres for the Disabled

Eggleston Services

2210 Cedar Road
Chesapeake, VA 23323
(757) 487-6062

www.egglestonservices.org/camp_civitan.htm

Camp CHILD

Tina Barnes
P.O. Box 3172
Lynchburg, VA 24503
(434) 846-4434
(434) 219-0128

www.campchild.org

Northstar Academy Summer Camp

8055 Shrader Road

Richmond, VA 23294
(804) 747-1003
www.northstaracademy.net

Carole and Marcus Weinstein Jewish Community Center

Voices Together Camp

Melissa Bunce
5403 Monument Avenue
Richmond, VA 23226
(804) 545-8658

www.weinsteinjcc.org/summer-camps/voices-together/

Therapeutic Recreation Centers

Summer Camp Programs

Chesapeake

Jessica Smith, CTRC
1224 Progressive Drive, Suite 200
Chesapeake, VA 23320
(757) 382-1328

Norfolk

Darrell Crittendon
180 E. Evans Street
Norfolk, VA 23503
(757) 441-1764

Portsmouth

Art Wililams
12 Grand Street
Portsmouth, VA 23701
(757) 393-8340

Virginia Beach

Teri Dalone
800 Monmouth Lane
Virginia Beach, VA 23464
(757) 474-8877

Hampton

3501 Kecoughtan Road
Hampton, VA 22661

(757) 727-1977

Newport News
700 Town Center Drive, Suite 320
Newport News, VA 23606
(757) 926-1400

Access Outdoors
2100 Steppingstone Square
Chesapeake, VA 23320
(757) 424-8336

Surfer's Healing
www.surfershealing.org

BrickHeadZ
Afterschool programs, camps, special events
1025 Executive Blvd., Suite 111
Chesapeake, VA 23320
(757) 630-8823
www.brickheadz.net

Tutoring Services

Butterfly Effects
(888) 880-9270
<http://www.butterflyeffects.com/>

The Learning Resource Center
935 First Colonial Road
Virginia Beach, VA 23454
(757) 428-3367
www.LearningResourceCenter.com

Vocational Programs, Employment, and Developmental Day Services (Adult)

Community Alternatives, Inc.
863 Glenrock Road, Suite 200
Norfolk, VA 23502
(800) 475-0575
www.comalt.org

Eggleston Services, Inc.
1161 Ingleside Road
Norfolk, VA 23502
(757) 858-8011
1-800-722-5831
www.egglestonservices.org

Goodwill
1345 Diamond Springs Road
Virginia Beach, VA 23462
(757)248-9405
www.goodwillvirginia.org

Sugar Plum Bakery, Inc.
1353 Laskin Road
Virginia Beach, VA 23451
(757) 422-3913

www.sugarplumbakery.org

Department of Rehabilitative Services

6340 Center Drive Bldg. 7, Suite 101
Norfolk, VA 23502
(800) 552-5019
(757) 451-7101
www.vadrs.org

SkillQuest Day Support Programs

Virginia Beach DHS DS Division
400 Investors Place
Virginia Beach, VA 23452
(757) 385-4040
(757) 385-0600
<http://www.vbgov.com/government/departments/human-services/your-dhs/pages/skillquest.aspx>

Virginia Independence Training Organization (VITO)

Westgate Center
2428 Alameda Avenue, Suite 162
Norfolk, VA 23513

(757) 965-9234

www.vitoinc.org

Woodrow Wilson Rehabilitation Center

Box W-2
P.O. Box 1500
Fishersville, VA 22939
(800) 345-9972
www.wwrc.virginia.gov

Pride Industries

6315 N Center Drive # 215
Norfolk, VA 23502-4006
(757) 455-0087
www.prideindustries.com