



## ***2013 Resource Directory***

*(Updated January 2013)*

***Autism Society, Tidewater Virginia***

***6300 E. Virginia Beach Boulevard***

***Norfolk, Virginia 23502***

***(757) 461-4474***

***www.tidewaterasa.org***

*Disclaimer: Autism Society, Tidewater Virginia is a locally funded organization serving families and professionals in the Tidewater Region of Southeastern Virginia. All information provided or published by Autism Society, Tidewater Virginia is for informational purposes only. Reference to any treatment or therapy option or to any program, service or treatment provider is not an endorsement by Autism Society, Tidewater Virginia. You should investigate alternatives that may be more appropriate for a specific individual. Autism Society, Tidewater Virginia assumes no responsibility for the use made of any information published or provided by Autism Society, Tidewater Virginia.*

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## ***Adult Services***

### ***Endeppence Center***

6300 East Virginia Beach Blvd  
Norfolk, VA 23502  
(757) 461-8007  
[www.endeppence.org](http://www.endeppence.org)

### ***Hope House Foundation***

801 Boush Street  
Norfolk, VA 23510  
(757) 625-6161  
[www.hope-house.org](http://www.hope-house.org)

### ***Grafton***

Adult and Residential Care  
120 Bellview Avenue  
Winchester, VA 22601  
(540) 542-0200  
1-888-955-5205  
[www.grafton.org](http://www.grafton.org)

### ***Department of Human Services***

3432 Virginia Beach Blvd  
Virginia Beach, VA 23452  
(757) 437-3200  
[www.dss.virginia.gov](http://www.dss.virginia.gov)

### ***Commonwealth Autism Services***

2201 West Broad Street, Suite 107  
Richmond, VA 23220  
(800) 649-8481  
(804) 355-0300  
[www.autismva.org/adult\\_services.php](http://www.autismva.org/adult_services.php)

### ***Department of Rehabilitative Services***

8004 Franklin Farms Drive  
Richmond, VA 23229  
1-800-552-5019  
(804) 662-7000  
[www.vadrs.org](http://www.vadrs.org)

### ***Chimes Virginia***

3951 Pender Drive Ste120  
Fairfax, VA 22030  
1-888-244-6374  
(703) 267-6558  
[www.chimes.org](http://www.chimes.org)

### ***Richmond House***

5302 Fitzhugh Avenue  
Richmond, VA 23226  
(804) 288-3122  
[www.richmondhouse.org](http://www.richmondhouse.org)

### ***Adult Day Services of South Richmond***

6201 Midlothian Turnpike  
Richmond, VA 23225  
(804) 674-1600

### ***River City Residences, LLC***

10201 Duryea Drive  
Richmond, VA 23235  
(804) 323-5959

### ***Driver Rehabilitation of Hampton Roads Inc.***

Training for Disabled Adults/Teens  
Karl Hoffman, OTR/L, CDRS, CDI  
11847 Canon Blvd, Suite 11  
Newport News, VA 23606

### ***J & M Adult Care Services, LLC***

Adult Residential Program  
P. O. Box 34646  
Richmond, VA 23234  
(804) 271-7706

### ***Caring Hands and Supplementary En- richment Education of Virginia***

Adult Residential Program  
1209 Independence Blvd., Suite 109  
Virginia Beach, VA 23445  
(757) 354-4436

## *Advocates*

### ***Advocating 4 Kids LLC***

Cheryl Poe, Founder  
Judy Fischer, Intake Specialist  
(757) 431-1251  
[www.advocate4kids.org](http://www.advocate4kids.org)

### ***Endeppence Center***

Cheryl Ward, Education Advocacy  
6300 East Virginia Beach Blvd  
Norfolk, VA 23502  
(757) 461-8007  
[www.endeppence.org](http://www.endeppence.org)

### ***The Learning Resource Center***

909 First Colonial Road  
Virginia Beach, VA 23454  
(757) 428-3367  
[www.learningresourcecenter.org](http://www.learningresourcecenter.org)

### ***May Institute***

800-778-7601  
info@mayinstitute.org  
[www.mayinstitute.org](http://www.mayinstitute.org)

### ***PEATC***

***Parent Educational Advocacy  
Training Center***  
100 North Washington Street, Suite 234  
Falls Church, VA 22046  
(703) 923-0010  
1-800-869-6782  
[www.peatc.org](http://www.peatc.org)

### ***Virginia Association of Personal Care Assistants***

1716 East Franklin Street, Suite 200  
Richmond, VA 23223  
1-800-893-8343  
[www.virginiapca.org](http://www.virginiapca.org)

### ***Facilitating Advocacy for Children's Educational Services***

Student Services LLC  
Gail Jeffrey  
P.O. Box 7783  
Hampton, VA 23666  
(757) 715-0643

### ***Independence Child Therapy Services, LLC***

Linda Bourdon, Ed.D.  
Licensed Clinical Psychologist  
2940 Lynnhaven Road  
Virginia Beach, VA 23452  
(757) 460-2057  
[www.independencechildtherapy.com](http://www.independencechildtherapy.com)

### ***Virginia Board for People with Disabilities***

202 N. 9<sup>th</sup> Street, 9<sup>th</sup> Floor  
9<sup>th</sup> Street Office Building  
Richmond, VA 23219  
(804) 786-0016  
(800) 846-4464  
[www.vaboard.org](http://www.vaboard.org)

## ***Alternative Educational Programs, Childcare Programs, and Personal Care Attendants***

### ***Southeastern Cooperative Educational Programs (SECEP)***

6160 Kempsville Circle, Suite 300B  
Norfolk, VA 23502  
(757) 892-6100  
[www.secep.net](http://www.secep.net)

### ***Rivers Bend Academy***

156 Burnetts Way  
Suffolk, VA 23434  
(757) 934-6470  
[www.riversbendacademy.com](http://www.riversbendacademy.com)

### ***Rivermont School – Tidewater***

5163 Cleveland Street  
Virginia Beach, VA 23462  
(757) 497-4703  
[holly.stitham@centrahealth.com](mailto:holly.stitham@centrahealth.com)

### ***Centra Rivermont Schools***

3300 Rivermont Avenue  
Lynchburg, VA 24503  
(434)200-4447  
<http://mentalhealth.centrahealth.com/services/rivermont-schools>

### ***Chesapeake Bay Academy***

821 Baker Road  
Virginia Beach, VA 23462  
(757) 497-6200  
[www.cba-va.org](http://www.cba-va.org)

### ***Dominion School for Autism***

Commonwealth Autism Services  
618 W. Grace Street  
Richmond, VA 23226  
(804) 355-1011  
[www.dominionschool.org/index.php](http://www.dominionschool.org/index.php)

### ***The Faison School for Autism***

Affiliated with the Autism Center of Virginia  
at VCU  
1701 Byrd Avenue  
Richmond, VA 23230  
(804) 612-1947 [www.thefaisonschool.org](http://www.thefaisonschool.org)

### ***Mariposa School***

203 Gregson Drive  
Cary, NC 27511  
(919) 461-0600  
[www.mariposaschool.org](http://www.mariposaschool.org)

### ***Peninsula School for Autism***

12749 Nettles Drive  
Newport News, VA 23606  
(757) 223-0558  
[www.peninsulaschoolforautism.com](http://www.peninsulaschoolforautism.com)

### ***Grafton Integrated Health Network***

[www.grafton.org](http://www.grafton.org)  
(888) 955-5205  
[admissions@grafton.org](mailto:admissions@grafton.org)

### ***Pendleton Child Service Center***

2473 North Landing Road  
Virginia Beach, VA 23456  
(757) 385-4537  
[www.VBgov.com/hs](http://www.VBgov.com/hs)

### ***Precious Pearls Childcare Center***

For Children With Special Needs  
7808 Wildwood Drive  
Norfolk, VA 23518  
(757) 961-1196  
(757) 286-9900

***Dragonfly Guest House***

Special needs vacations & short term respite care

Support Services of Virginia, Inc.

(757) 237-5773

[Jeanne@ssvainc.org](mailto:Jeanne@ssvainc.org)

***Sunrise House***

Medical Adult Day Care Center

1310 Todds Lane

Hampton, VA 23666

(757) 896-0800

[www.sunrisehouse.net](http://www.sunrisehouse.net)

***K & D Personal Care LLC and Transportation***

3026 Tyre Neck Road, Suite H

Portsmouth Virginia 23703

(757) 483-4667

***Virginia Association of Personal Care Assistants (VAPCA)***

PMB 172

7109 Staples Mill Road

Richmond, VA 23228-4110

(800) 893-8343

[www.virginiapca.org](http://www.virginiapca.org)

## ***Applied Behavioral Analysis***

***Behavioral Interventions, Trainings and Evaluations***

MiMi Sedjat

2108 Thoroughgood Road

Virginia Beach, VA 23455

(757) 416-5325

***Autism Consulting and Therapy, LLC ACT***

Rebecca Ruppel, MAT, BCBA

4520 Holland Office Park, Suite 415

Virginia Beach, VA 23452

(757) 639-2218

[www.hr-act.com](http://www.hr-act.com)

***Three Tier Consulting***

Heather Rochford, Virginia Manager

(716) 378-9004

[www.3-tier.org](http://www.3-tier.org)

***Butterfly Effects***

(888) 880-9270

<http://www.butterflyeffects.com/>

***Navigation Behavioral Consulting***

Megan DeLeon Miller, M.S., BCBA

(757) 362-8388

[www.navigationbehavioralconsulting.com](http://www.navigationbehavioralconsulting.com)

***Reaching Potentials, Inc.***

1602 William Street, Upper Floor

Fredericksburg, VA 22401

(540) 368-8087

[www.reachingpotentials.org](http://www.reachingpotentials.org)

***Dower and Associates, Inc.***

Nikia Dower, MS, CCC-SLP/L, BCBA

9845 Business Way

Manassas, VA 20110

(703) 618-2272

[www.dowerandassociates.com](http://www.dowerandassociates.com)

***Mea'Alofa Autism Support Center***

Kerith Peko, Executive Director

4016 Raintree Road Ste 220B

Chesapeake, VA 23321

(757) 465-3933

[www.learnwithmasc.org](http://www.learnwithmasc.org)

***Step by Step Consulting***

Wendy Fitch, BCBA, Director  
156 Burnetts Way  
Suffolk, VA 23434  
(757) 934-6470  
[www.stepbystepconsulting.org](http://www.stepbystepconsulting.org)

***B.E.S.T. Services, Inc.***

Norah Wilson, Psy.D., BCBA-D, Director  
(757) 971-3724  
[www.bestautismservices.com](http://www.bestautismservices.com)

***Paradigm Pathway Consulting***

G. Maria Hill, Ed.D, BCBA-D  
(757) 286-2786  
(757) 966-7812 (fax)  
<http://paradigmpathwayconsulting.com>

***Lutheran Family Services of Virginia Inc.***

Theresa C. Murch, MS, LPC  
Lead Services Manager, Home-based  
(757)722-4707 ext. 156  
130 Research Drive, Suite 300  
Hampton, VA 23666  
2609 Mc Vitty Road  
Roanoke, VA 24108  
[www.lfsva.org](http://www.lfsva.org)

***EMG Consulting***

Elizabeth M. Gilmore M.Ed., BCBA  
Virginia Beach, VA  
(757) 615-3003

***Priorities ABA, PLLC***

Winterville, NC  
(252) 341-4192  
[www.prioritiesaba.com](http://www.prioritiesaba.com)

***Vincent J. Carbone, Director, BCBA***

614 Corporate Way, Suite 1  
Valley Cottage, NY 10989  
(845) 267-0920  
[www.carboneclinic.com](http://www.carboneclinic.com)

***The Learning Resource Center***

900 First Colonial Road  
Virginia Beach, VA 23454  
(757) 428-3367  
[www.LearningResourceCenter.org](http://www.LearningResourceCenter.org)

***Grafton Integrated Health Network***

(540) 542-0200 ext. 6412  
[www.grafton.org](http://www.grafton.org)

***Autism Services North***

Dana Cates  
101 Gateway Court, Apt 306  
Chesapeake, VA 23320  
(401) 954-4851  
(800) 306-8602  
[www.autismservicesnorth.com](http://www.autismservicesnorth.com)

***Autism Spectrum Therapy***

6401 Crescent Way, Apt 301  
Norfolk, VA 23513  
(757) 469-3773

***Aspire Behavioral Consultants LLC***

Sarah Buswell, M.Ed., BCBA  
P.O. Box 2774  
Ashburn, VA 20146  
(703) 431-8563  
[Sarah@aspirebehavior.com](mailto:Sarah@aspirebehavior.com)  
[www.aspirebehavior.com](http://www.aspirebehavior.com)

## ***Assistive Technology Supports***

### ***Commonwealth of Virginia Assistive Technology Loan Fund Authority***

#### ***NewWell Fund***

1602 Rolling Hills Drive  
Richmond, VA 23229  
(866) 835-5976  
(804) 662-9000

[www.vadrs.org/cbs/cilslisting.htm](http://www.vadrs.org/cbs/cilslisting.htm)

[www.newwellfund.org](http://www.newwellfund.org)

### ***Rehab Health Care***

Equipment and Supplies  
5873 Poplar Hall Drive  
Norfolk, VA 23502  
(757) 466-1553

[www.rehabhealthcare.com](http://www.rehabhealthcare.com)

### ***Enabling Devices***

385 Warburton Avenue  
Hastings-on-Hudson, NY 10706  
1-800-832-8697

[www.enablingdevices.com](http://www.enablingdevices.com)

### ***Tidewater Center for Technology Access Alliance for Technology Access***

1413 Laskin Road  
Virginia Beach, VA 23451  
(757) 263-2829  
(757) 437-6542

### ***Vital Sounds***

P.O. Box 46344  
Madison, WI 53744  
(608) 278-9330

[www.vitalsounds.com](http://www.vitalsounds.com)

### ***Hampton Roads Mobility, Inc.***

550 B. Rotary Street  
Hampton, VA 23661  
(757) 848-5884

[www.hamptonroadsmobility.net](http://www.hamptonroadsmobility.net)

### ***Affordable Therapy Solutions***

Amanda Shurrab, Owner  
6150 W. Altadena Ave  
Glendale, AZ 85304  
(877) 318-1638

[www.affordabletherapysolutions.com](http://www.affordabletherapysolutions.com)

### ***Department of Rehabilitative Services***

8004 Franklin Farms Drive  
Richmond, VA 23229  
(800) 552-5019  
(804) 662-7000

[www.vadrs.org](http://www.vadrs.org)

### ***Silver Kite***

2143 TR112  
Millersburg, OH 44654  
1-800-382-9622  
(330) 674-6722

[www.silver-kite.com](http://www.silver-kite.com)

### ***I Click I Talk***

810 W. Princess Anne Road, Suite 303  
Norfolk, VA 23517  
(757) 692-3310

[www.iclickitalk.com](http://www.iclickitalk.com)

### ***Tech 4 Speech***

[www.tech4speech.org](http://www.tech4speech.org)

### ***VATS***

#### ***Virginia Assistive Technology System***

Joann Ervin  
Education Building, St #218  
Rooms 133-137  
Old Dominion University

Norfolk, VA 23529

[jervin@odu.edu](mailto:jervin@odu.edu)

(757) 683-3639



## ***Attorneys, Special Education***

### ***Malcolm Higgins***

607 Lynnhaven Parkway Ste 109  
Virginia Beach, VA 23452  
(757) 463-9000

### ***Virginia Office of Protection and Advocacy***

1910 Byrd Avenue, Suite 5  
Richmond, VA 23230  
(800) 552-3962  
(804) 225-2042  
[www.vopa.state.us](http://www.vopa.state.us)

### ***Legal Aid Society of Eastern Virginia***

Administrative Office  
125 St Paul's Blvd Ste 400  
Norfolk, VA 23510  
*Portsmouth: (757) 827-5078*  
*Norfolk: (757) 627-5438*  
[www.lawhelp.org/Program/1647](http://www.lawhelp.org/Program/1647)

### ***Legal Aid Society of Eastern Virginia, Chesapeake Bay Office***

For Chesapeake, Virginia Beach, Accomack  
County, and Northampton County  
Pembroke Four, Suite 532  
291 Independence Blvd.  
Virginia Beach, VA 23462  
(757) 552-0026  
[www.lawhelp.org/Program/1647](http://www.lawhelp.org/Program/1647)

## ***Auditory Training***

### ***Alternative Resource Center (ARC) for Student Wellness***

204 Golden Maple Drive  
Chesapeake, VA 23322  
(757) 410-3275  
[www.arcsww.org](http://www.arcsww.org)

### ***Berard Auditory Integration Training***

IDEA Training Center  
Sally Brockett, M.S., Director  
20 Washington Avenue, Suite 108  
North Haven, CT 06473  
(203) 234-7401  
[www.IDEATrainingCenter.com](http://www.IDEATrainingCenter.com)

# ***Behavioral Intervention***

## ***Behavioral Interventions, Trainings and Evaluations***

MiMi Sedjat  
2108 Thoroughgood Road  
Virginia Beach, VA 23455  
(757) 416-5325

## ***Compass Youth & Family Services, LLC***

7460 Central Business Park Drive  
Norfolk, VA 23513  
(757) 644-6391

[www.compassyouthservices.com](http://www.compassyouthservices.com)

## ***Compass Youth & Family Services, LLC***

### ***Autism Behavior Support Program***

7460 Central Business Park Drive  
Norfolk, VA 23513  
(757) 644-6391

[www.compassyouthservices.com/connections](http://www.compassyouthservices.com/connections)

## ***Butterfly Effects***

(888) 890-9270

<http://www.butterflyeffects.com/>

## ***Learning Solutions Consulting, Inc.***

Charlene Wentland, Director

517 Bridge Wood Drive

Yorktown, VA 23693

(757) 817-7125

## ***Independence Child Therapy Services, LLC***

Linda Bourdon, Ed.D.

Licensed Clinical Psychologist

2940 Lynnhaven Road

Virginia Beach, VA 23452

(757) 460-2057

[www.independencechildtherapy.com](http://www.independencechildtherapy.com)

***Community Services Board MR Services  
(includes Autism)***

***Virginia Beach***

Robert R. Morin, Director  
3432 Virginia Beach Blvd Ste 342  
Virginia Beach, VA 23452  
(757) 437-3608 (Main Office)

***Chesapeake***

Joseph J. Scislowcz, Director  
224 Great Bridge Blvd  
Chesapeake, VA 23320  
(757) 547-9334 (Main Office)  
[www.cityofchesapeake.net](http://www.cityofchesapeake.net)

***Norfolk***

Sarah Paige Fuller, Director  
225 West Olney Road  
Norfolk, VA 23510  
(757) 823-1600 (Main Office)  
[www.norfolk.gov/NCSB](http://www.norfolk.gov/NCSB)

***Portsmouth***

Mr. William H. Park, Director  
600 Dinwiddie Street  
Portsmouth, VA 23704  
(757) 393-8618 (Main Office)  
[www.portsmouthva.gov/behavioralhealthcareservices/](http://www.portsmouthva.gov/behavioralhealthcareservices/)

***Suffolk***

Demetrios N. Peratsakis, Director  
5268 Godwin Blvd  
Suffolk, VA 23434  
(757) 255-7126 (Main Office)  
<http://wtcsb.org>

***Hampton/Newport News***

Charles Hall, Director  
300 Medical Drive, 2<sup>nd</sup> Floor  
Hampton, VA 23666  
(757) 788-0300  
[www.hnncsb.org](http://www.hnncsb.org)

## ***Counseling Services***

### ***Children First***

Dr. Bethany Marcus  
633 Rosaer Lane  
Virginia Beach, VA 23464  
(757) 366-9338

### ***Jewish Family Services of Tidewater***

260 Grayson Road  
Virginia Beach, VA 23462  
(757)459-4640  
[www.jfshamptonroads.org](http://www.jfshamptonroads.org)

### ***Pendleton Child Service Center***

2473 North Landing Road  
Municipal Center, Bldg 23-A  
Virginia Beach, VA 23456  
(757) 385-4537  
[www.vbgov.com](http://www.vbgov.com)

### ***The UP Center***

[www.theupcenter.com](http://www.theupcenter.com)

#### ***Locations***

##### ***Norfolk***

222 West 19<sup>th</sup> Street  
Norfolk, VA 23517  
(757) 622-7017

1011 West 25<sup>th</sup> Street  
Norfolk, VA 23517

800 Tidewater Drive  
Norfolk, VA 23504

6350 Center Drive  
Norfolk, VA

##### ***Portsmouth***

805 Airline Blvd.  
Portsmouth, VA 23707

##### ***Suffolk***

109 ½ Clay Street  
Suffolk, VA 23434

### ***Lutheran Family Services of Virginia, Tidewater***

130 Research Drive Ste 300  
Hampton, VA 23666  
(757) 722-4707  
[www.lfsva.org](http://www.lfsva.org)

### ***Eden Family Institute***

***Virginia Beach:***  
184 Business Park Drive Ste 200  
Virginia Beach, VA 23462  
***Portsmouth Location:***  
4401 Portsmouth Blvd.  
Portsmouth, VA 23701  
(757) 466-3336  
[www.edencounseling.com](http://www.edencounseling.com)

### ***Sibshops at CHKD***

Gail Cervarich, LCSW  
(757) 688-7646

#### ***Family Services Classes:***

601 Children's Lane  
Norfolk, VA 23507  
<http://www.chkd.org/Classes/Default.aspx>

### ***Independence Child Therapy Services, LLC***

Linda Bourdon, Ed.D.  
Licensed Clinical Psychologist  
2940 Lynnhaven Road  
Virginia Beach, VA 23452  
(757) 460-2057  
[www.independencechildtherapy.com](http://www.independencechildtherapy.com)

### ***Center for Child & Family Services, Inc.***

2021 Cunningham Drive Ste 400  
Hampton, VA 23666  
(757) 838-1960  
[www.kidsandfamilies.com/](http://www.kidsandfamilies.com/)

**Parker, Schlichter and Associates**  
5029 Corporate Woods Drive, Suite 250  
Virginia Beach, VA 23462  
(757) 473-3770  
<http://parkerschlichterandassociates.com>

**Linda S. Young**  
641 Lynnhaven Parkway  
Virginia Beach, VA 23452  
(757) 306-4232

**Agape Counseling & Therapeutic Services, Inc.**  
[www.agapescounselingva.com](http://www.agapescounselingva.com)

*Norfolk*  
5900 E Virginia Beach Blvd  
Norfolk, VA 23502  
(757) 862-2218

*Hampton*  
12 Salters Creek Road  
Hampton, VA 23661

3221 Commander Shepard Blvd.  
Hampton, VA 23666  
(757) 244-3500

**Spectrum Psychological Services**  
Dr. C. Rick Ellis, Licensed Clinical  
Psychologist  
1020 Independence Blvd, Suite 204  
Virginia Beach, VA 23453  
(757) 640-1882  
[www.spectrumpsychological.net](http://www.spectrumpsychological.net)

**Spectrum Psychological Services**  
Nikki Schwartz  
Counseling, Neurofeedback, Play Therapy  
1020 Independence Blvd, Suite 204  
Virginia Beach, VA 23453

(757) 640-1882  
[www.spectrumpsychological.net](http://www.spectrumpsychological.net)

**Good Friend, Inc.**  
Videos, workshops, and lectures for Autism-  
awareness  
808 Cavalier Drive  
Waukesha, WI 53186  
(414) 510-0385  
[www.goodfriendinc.com](http://www.goodfriendinc.com)

**Pathways to Life, Inc.**  
[www.pwstolife.com](http://www.pwstolife.com)

*Richmond*  
2006 Bremo Road, Suite 102  
Richmond, VA 23226  
(804) 592-3461

*Suffolk*  
1510 Breezeport Way, Suite 100  
Suffolk, VA 23435  
(757) 967-0712

*Norfolk*  
6330 N. Center Drive  
Building 13, Suite 102  
Norfolk, VA 23502  
(757) 395-4122

## ***Biomedical Approach Physicians/ General Physicians with Emphasis In Autism***

### ***Pediatric & Adolescent Ability Center (Biomedical)***

Mary Megson, M.D.  
7229 Forest Avenue Ste 211  
Richmond, VA 23226  
(804) 673-9128  
[www.megson.com](http://www.megson.com)

### ***Dr. Joseph Marcil (Biomedical)***

Onelife Fitness  
3809 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 471-2800  
<http://drjoemarcil.com/home>

### ***Princess Anne Medical Associates(Biomedical/Emphasis)***

Eric M. Madren, M.D., Family Medicine  
1925 Glenn Mitchell Drive Ste 100  
Virginia Beach, VA 23456  
(757) 689-8430  
[www.bayviewphysicians.com/physician/eric-madren](http://www.bayviewphysicians.com/physician/eric-madren)

### ***Dr. John Harrington (Emphasis in Autism)***

Children's Hospital of The King's Daughters  
601 Children's Lane  
Norfolk, VA 23507  
(757) 668-7179

## ***Dental Health***

### ***Pediatric Dental Care***

Allan C. Sundin, DDS, MS  
1385 Laskin Road  
Virginia Beach, VA 23451  
(757) 425-1547  
[www.dr SundinSmiles.com](http://www.dr SundinSmiles.com)

### ***Greenbrier Dental Center***

1059 Eden Way North  
Chesapeake, VA 23320  
(next to Greenbrier Mall)  
[www.greenbrierdental.com](http://www.greenbrierdental.com)  
757-547-2266

### ***Drs. Hechtokopf & Cox***

Rose Hall Professional Centre  
3145 Virginia Beach Blvd Ste 200  
Virginia Beach, VA 23452  
(757) 340-2400  
[www.beachpediatricdentist.com](http://www.beachpediatricdentist.com)

### ***Children's Dentistry & Orthodontics***

Drs. Levin, Barney, Hasty, and Rosenblum  
[www.wemakesmilesva.com](http://www.wemakesmilesva.com)

#### ***Locations:***

*Great Neck*  
1368 North Great Neck Road  
Virginia Beach, VA 23454  
(757) 496-8300

*Kempsville*  
1055 Kempsville Road

### ***Gentle Family and Cosmetic Dentistry***

Evelyn Luma, DDS  
1244 Perimeter Parkway, Suite 444  
Virginia Beach, VA 23454  
(757) 430-2600  
[www.drluma.com](http://www.drluma.com)

Virginia Beach, VA 23464  
(757) 474-1200

*Pembroke*  
4169 Virginia Beach Blvd  
Virginia Beach, VA 23452  
(757) 486-2525

*Chesapeake*  
905 North Battlefield Blvd  
Suite 106  
Chesapeake, VA 23320  
(757) 548-3030

***Randy J. Eberly, DMD***

[www.dreberly.com](http://www.dreberly.com)

*Norfolk*  
801 West Little Creek Road Ste 101  
Norfolk, VA 23505  
(757) 423-3029

*Hampton*  
211 Hartford Road  
Hampton, VA 23666  
(757) 827-3399

***Hamlin and Morgan Dental***

Christopher Hamlin, DDS  
Pamela A. Morgan, DDS, MS  
1806 Hampton Blvd  
Norfolk, VA 23517  
(757) 627-7550  
[drshamlinandmorgan.com](http://drshamlinandmorgan.com)

***Townsend Brown, Jr., DDS, PC***

Pediatric Dentistry  
1300 Kempsville Road Ste 5  
Virginia Beach, VA 23464  
(757) 467-7797  
[www.vbkidsdds.com](http://www.vbkidsdds.com)

***LWS&S Family Dentistry***

Lee Weinstein, DDS  
Kimbrough Hornsby, DDS  
[www.lwssfamlydentistry.com](http://www.lwssfamlydentistry.com)

Locations:

*Norfolk*  
300 East Little Creek Road  
Norfolk, VA 23505  
(757) 587-6453 (Family Dentistry)  
(757) 416-7751 (Pediatric)

*Kempsville*  
904 Kempsville Road  
Virginia Beach, VA 23464  
(757) 467-6453  
(757) 963-0059 (Orthodontics)

*Virginia Beach*  
1157 First Colonial Road  
Virginia Beach, VA 23454  
(757) 412-1114 (Family Dentistry)

*Chesapeake*  
1230 Progressive Drive  
Chesapeake, VA 23320  
(757) 436-1270

*Suffolk*  
210 Meadow View Blvd.  
Suffolk, VA 23435  
(757) 673-6263 (Family)  
(757) 673-6250 (Orthodontics)

***Department of Health (Dental Health)***

109 Governor Street  
Richmond, VA 23219  
[www.vahealth.org/dental/childrenwithspeciahealthcaer/index.htm](http://www.vahealth.org/dental/childrenwithspeciahealthcaer/index.htm)

## ***Developmental Medicine***

***Dr. Frank Aiello, III, M.D.***  
***Children's Hospital of the King's***  
***Daughters (CHKD)***  
601 Children's Lane  
Norfolk, VA 23507  
(757) 668-7473  
[www.chkd.org](http://www.chkd.org)

***Dr. Amy Newmeyer***  
***Children's Hospital of the King's***  
***Daughters (CHKD)***  
601 Children's Lane  
Norfolk, VA 23507  
(757) 668-7473  
[www.chkd.org](http://www.chkd.org)

## ***Dietary Needs***

***Navan Foods***  
[www.navanfoods.com](http://www.navanfoods.com)

***Organic Food Depot***  
***Main Office***  
4301 Commuter Dr., #103  
Virginia Beach, VA 23462  
(757) 233-6721

***Holland Rd. Store***  
4301 Commuter Dr., #105  
Virginia Beach, VA 23462  
(757) 467-8999

***Granby St. (Ghent) Store***  
1912 Granby St.  
Norfolk, VA 23517-2329  
(757) 623-8999

***Trader Joes***  
503 Hilltop West Shopping Center Virginia  
Beach, VA 23454  
(757) 422-4840

***Whole Foods Market***  
1800 Laskin Road  
Virginia Beach, VA 23454  
(757) 422-0444

***Sage Organics***  
Taylor Rd, Suite D,  
Chesapeake, VA 23321  
(757) 483-8934 3304

***Food Allergy Associates, LLC***  
Liz Koman, Ph.D.  
(757) 577-2153  
[www.foodallergyassociates.com](http://www.foodallergyassociates.com)



## ***Disability Services Boards – Service Referrals***

### ***The ARC of Virginia***

2025 East Main Street Ste 107  
Richmond, VA 23223  
(804) 649-8481  
[www.thearcofva.org](http://www.thearcofva.org)

### ***The ARC of South Hampton Roads***

412 Investor's Place, Suite 102  
Virginia Beach, VA 23223  
(757) 828-6228

### ***The ARC of the Virginia Peninsula***

2520 58<sup>th</sup> Street  
Hampton, VA 23661  
(757) 896-6461

### ***Virginia Board for People with Disabilities***

1100 Bank Street, 7<sup>th</sup> Floor  
Richmond, VA 23219  
1-800-846-4464  
(804) 786-0016  
[www.vaboard.org](http://www.vaboard.org)

### ***Department of Medical Assistance Services***

600 East Broad Street  
Richmond, VA 23219  
(804) 786-7933  
[www.dmas.virginia.gov](http://www.dmas.virginia.gov)

## ***Early Intervention***

### ***Infant & Toddler Connection of Virginia***

Mary Ann Discenza, Coordinator  
1220 Bank Street, 9th Floor  
P.O. Box 1797  
Richmond, Virginia 23219-1797  
(804) 786-3710  
[www.infantva.org](http://www.infantva.org)

#### ***Locations:***

#### ***Norfolk***

6411 Tidewater Drive  
Norfolk, VA 23509  
(757) 441-1186

#### ***Chesapeake***

224 Great Bridge Blvd  
Chesapeake, VA 23320  
(757) 547-8929

#### ***Virginia Beach***

2307 Millwood Road

Virginia Beach, VA 23454  
(757) 385-4425

#### ***Portsmouth***

300 Port Centre Pkwy, Suite 103  
Portsmouth, VA 23704  
(757) 393-8321

#### ***Suffolk***

700 Campbell Avenue  
Franklin, VA 23851  
(757) 562-6806

#### ***Hampton***

100 Old Hampton Lane, Suite 200  
Hampton, VA 23669  
(757) 726-4012

### ***Norfolk Developmental Services***

225 West Olney Road  
Norfolk, VA 23510

(757) 823-1600  
[www.norfolkcsb.org](http://www.norfolkcsb.org)

***Infant and Toddler Connection of Norfolk***  
6411 Tidewater Drive  
Norfolk, VA 24509  
(757) 441-1186

***Virginia Beach Developmental Services***  
3432 Virginia Beach Blvd.  
Virginia Beach, VA 23452  
(757) 385-0600  
[www.vbgov.com/hs](http://www.vbgov.com/hs)

***Chesapeake Intellectual Disabilities Services***  
224 Great Bridge Blvd  
Chesapeake, VA 23320  
(757) 547-8902  
[www.cityofchesapeake.net](http://www.cityofchesapeake.net)

***Suffolk Early Childhood Development Commission***  
Brenda M. O'Donnell, Coordinator  
P.O. Box 188  
Suffolk, VA 23439  
[www.suffolkecdc.com](http://www.suffolkecdc.com)  
(757) 514-7457

***Suffolk Children's Center***  
300 Executive Court  
Suffolk, VA 23434  
(757) 538-2523  
[www.thechildrenscenter.cc](http://www.thechildrenscenter.cc)

***Hampton-Newport News Community Services Board***  
300 Medical Drive  
Hampton, VA 23666  
(757) 788-0300  
[www.hnncsb.org](http://www.hnncsb.org)

## ***Education and Special Education Resources***

***Virginia Department of Education, Special Education Guide***  
[www.doe.virginia.gov/special\\_ed/parents/parents\\_guide.pdf](http://www.doe.virginia.gov/special_ed/parents/parents_guide.pdf)

***Wrights Law***  
[www.wrightslaw.com](http://www.wrightslaw.com)

***College of William and Mary, PELE Clinic***  
Special Education Advocacy Law  
(757) 221-5735  
<http://law.wm.edu/academics/programs/jd/lectives/clinics/specialed/index.php>

***K12 Academics***  
[www.k12academics.com](http://www.k12academics.com)

## ***Financial Planning***

***Northwestern Mutual Financial Network Greater Hampton Roads Group***  
Jessica M. Butcher/ Adam M. Green  
277 Bendix Road, Suite 450

Virginia Beach, VA 23452  
(757) 640-1700

***METLife Center for Special Needs Planning***

*Richmond*

6641 West Broad Street  
Suite 404  
Richmond, VA 23230  
(804) 282-7522

*Virginia Beach*

283 Constitution Drive, Suite 535  
Virginia Beach, VA 23462  
(757) 687-1334  
(757) 687-1320  
vheckert@metlife.com  
[www.vickeyheckert.metlife.com](http://www.vickeyheckert.metlife.com)

***METLife***

Gregory F. Earwood  
501 Wythe Creek Road Ste 206  
Poquoson, VA 23662  
(757) 868-7130

***Northwestern Mutual***

Jessica M. Butcher  
277 Bendix Road, Suite 450  
Virginia Beach, VA 23452  
(757) 314-4604  
[www.nmfn.com/jessicabutcher](http://www.nmfn.com/jessicabutcher)

***Liberty National Life Insurance***

Jeffrey A Seddon  
281 Independence Blvd Ste 216  
Virginia Beach, VA 23462  
(757) 490-5926

***Merrill Lynch***

Alexandra Babb  
Jacob Pearson  
999 Waterside Drive  
Norfolk, VA 23510  
(757) 446-4001

***Commonwealth Community Trust***

P.O. Box 29408  
Richmond, VA 23242  
(888) 241-6930  
(804) 740-6930

[www.commonwealthcommunitytrust.org](http://www.commonwealthcommunitytrust.org)

***The ARC of Northern Virginia***

98 North Washington Street, Suite 234  
Falls Church, VA 22046  
(703) 532-3303

***The Prudential Insurance Company of America***

Harrison P. Bresee, III  
Financial Services Associate  
4732 Longhill Road Ste 2102  
Williamsburg, VA 23188  
(757) 871-2245  
[www.prudential.com/us/harrison.bresee](http://www.prudential.com/us/harrison.bresee)

***Virginia Beach Community Trust***

*c/o Mental Retardation and Developmental  
Disabilities*  
297 Independence Blvd.  
Pembroke 6  
Virginia Beach, VA 23462  
(757) 385-0649

***Beach Financial Advisory Service***

Ron Pearson  
6204 Ocean Front Avenue  
Virginia Beach, VA 23451  
(757) 428-6634  
[www.beachfas.com](http://www.beachfas.com)

***Hook Law Center***

*Special Needs Planning*  
[www.oasthook.com/special\\_needs\\_planning  
.php](http://www.oasthook.com/special_needs_planning.php)

*Locations:*

*Suffolk*

5806 Harbour View Blvd., Suite 203  
Suffolk, VA 23435  
(757) 399-7506

*Virginia Beach*

295 Bendix Road Ste 170  
Virginia Beach, VA 23452  
(757) 399-7506

(757) 486-4650  
[www.coxandcox.com](http://www.coxandcox.com)

**Cox and Cox Attorneys**  
Lynnhaven Station Building Ste 105  
101 North Lynnhaven Road  
Virginia Beach, VA 23452

## ***Forums, Meetings, Parent Support Groups, and Community Resources***

### ***Faith Inclusion Network of South Hampton Roads***

Karen Jackson, Director  
(757) 282-8000  
[www.faithinclusionnetwork.org](http://www.faithinclusionnetwork.org)

### ***GRASP Global and Regional Asperger Syndrome Partnership***

[www.grasp.org/res\\_sg\\_VB.htm](http://www.grasp.org/res_sg_VB.htm)

### ***Hope & Happiness***

Lynn Pratt  
3104 Clay Hill Road  
Suffolk, VA 23434  
(757) 986-3353  
Email: [lynnsuffolk@aol.com](mailto:lynnsuffolk@aol.com)

### ***Parents of Children with Special Needs CHKD Care Connections for Children***

JoAnna Bryant, Coordinator  
(757) 668-7941  
(757) 668-8546

### ***“Teen Night” and “Tween Time”***

#### ***F.A.C.T.***

Teen Night: 15-21 yrs old  
Contact: [pamkgray@gmail.com](mailto:pamkgray@gmail.com)  
Tween Time: 11-14 yrs old  
Contact: [amy4fact@cox.net](mailto:amy4fact@cox.net)  
[www.camp4autism.org](http://www.camp4autism.org)

### ***Peninsula Autism Connection***

Email:  
[peninsulaautismconnection@gmail.com](mailto:peninsulaautismconnection@gmail.com)

Facebook:  
<https://www.facebook.com/groups/PeninsulaAutismConnection/>

### ***Autism Fellowship***

[www.autismfellowship.com](http://www.autismfellowship.com)

### ***SMART One, Inc.***

Jene Miller, Coordinator  
(757) 272-4503  
Programs and Activities/Groups  
Cheerleading, Swim, Playgroups, Computer,  
Living Skills  
[www.smartoneinc.net](http://www.smartoneinc.net)

### ***Support Services of Virginia, Inc.***

Andie Plumley  
412 Investor's Place Suite 102  
Virginia Beach, VA 23452  
(757) 497-6111  
[www.ssvainc.org](http://www.ssvainc.org)

### ***Hampton Roads Parenting Education Network (HRPen)***

(757) 668-7402  
*Hampton Healthy Families Partnership*  
Michele Tyron

(757) 727-1300, extension 0  
[www.chkd.org/Services/HRPEN](http://www.chkd.org/Services/HRPEN)

**Food Allergy Support Group of Tidewater**  
[www.fasgot.com](http://www.fasgot.com)

**Food Allergy Association of Virginia Beach**  
Kristin Osborne, President  
(757) 774-7104  
[www.faavb.org](http://www.faavb.org)

**Food Allergy Associates, LLC**  
(757) 577-2153  
[www.foodallergyassociates.com](http://www.foodallergyassociates.com)

**Blogs:**

[www.Autisable.com](http://www.Autisable.com)  
Real Blogs from People Tackling the  
Puzzle of Autism

[www.Shesmoerthanonenumber.blogspot.com](http://www.Shesmoerthanonenumber.blogspot.com)  
Blogs from a young lady on the Au-  
tism Spectrum

**Ra'Gene B. Myrick Foundation, Inc.**  
Mrs. Regina A. Myrick, President  
404 South College Drive  
Franklin, VA 23851  
(757) 544-0213  
[www.ragenebmyrick.com](http://www.ragenebmyrick.com)

**Facebook Groups**

**Autism Society, Tidewater Virginia**  
<http://www.facebook.com/tidewaterasa/>  
**Spectrum Parents**  
<http://www.facebook.com/groups/spectrumparents/>

**Virginia Beach Homeschoolers**  
<http://www.facebook.com/groups/VABHA/>

**The Multiple Autism Network**  
<http://www.facebook.com/groups/themultipleautismnetwork/>

**Meetup Groups:**

**Autism Society, Tidewater Virginia Meetup Group**  
<http://www.meetup.com/tidewater-autism/>

**Asperger's/ASD Support TEAM of Tidewater**  
<http://www.meetup.com/Tidewater-Aspergers-TEAM/>

**Autism Resource Connection**  
<http://www.meetup.com/AutismResourceKinnection/>

**Hampton Roads Parents of Children with Autism**  
<http://www.meetup.com/Hampton-Roads-Parents-of-Children-with-Autism/profile/>

**Autism Spectrum Parents in Virginia Beach**  
<http://www.meetup.com/Autism-Spectrum-Parents-in-Virginia-Beach/>

## ***Guardianship Assistance/ Estate Planning***

Guardianship = G  
Estate Planning = EP  
Trust Counseling = TC

### ***First Home Care Day Support Services*** (G)

MiMi Sedjat  
230 Fort Lane  
Portsmouth, VA 23704  
Mimi.sedjat@uhsinc.com  
(757) 397-2546  
[www.firsthomecareweb.com](http://www.firsthomecareweb.com)

### ***Virginia Guardianship Association*** (G)

Post Office Box 6357  
Newport News, VA 23606  
(804) 261-4046  
[www.vgavirginia.org](http://www.vgavirginia.org)

### ***Leigh Anne Bowling, JD, LLM*** (G, EP, TC) *Law Office of Leigh Anne Bowling, JD, LLM, PC*

1604 Hilltop West Executive Center, Ste 319  
Virginia Beach, VA 23451  
(757) 227-5426  
[www.bowlinglawfirm.com](http://www.bowlinglawfirm.com)

### ***Rack & Olansen, P.C.*** (G, EP, TC)

Kevin Rack and Nathan Olansen  
249 Central Park Avenue, Ste 200  
Virginia Beach, VA 23462  
(757) 605-5000  
[www.racklaw.com](http://www.racklaw.com)

### ***Wolcott, Rivers, Gates*** (G, EP, TC)

M. Powell Peters  
Charles Arthur Robinson  
301 Bendix Road, Ste 500  
Virginia Beach, VA 23452  
(757) 644-4203  
[www.wolcottriversgates.com](http://www.wolcottriversgates.com)

### ***Midgett & Preti PC*** (G, EP, TC)

John Midgett, Todd Preti, and Sherri Nelson  
2901 S. Lynnhaven Road, Suite 120  
Virginia Beach, VA 23452  
(757) 687-8888  
[www.midgettpreti.com](http://www.midgettpreti.com)

### ***Joseph A. Di Julio*** (EP, TC)

*Williams Mullen Law Firm*  
[www.williamsmullen.com/jdijulio/](http://www.williamsmullen.com/jdijulio/)

#### Locations:

222 Central Park Avenue, Ste 1700  
Virginia Beach, VA 23462  
(757) 499-8800

Fountain Plaza Three  
721 Lakefront Commons, Suite 200  
Newport News, VA 23606  
(757) 249-5100

1700 Dominion Tower  
999 Waterside  
Norfolk, VA 23510  
(757) 622-3366

## ***Hair and Beauty Services***

### ***Pigtails and Crewcuts***

Hilltop East Shopping Center  
1554 Laskin Road, Suite 104  
Virginia Beach, VA 23451  
(757) 422-8888  
[www.pigtailsandcrewcuts.com/virginia-beach/](http://www.pigtailsandcrewcuts.com/virginia-beach/)

## ***Holistic***

### **Dr. Margaret Gennaro**

Neck, Back, and Beyond  
10560 Main Street  
Fairfax, VA 22030  
(703) 865-5692  
Email: [drgennaro@webtv.net](mailto:drgennaro@webtv.net)  
[www.neckbackandbeyond.com](http://www.neckbackandbeyond.com)

## ***Local Related Agencies***

### ***Endeppence Center***

6300 East Virginia Beach Blvd  
Norfolk, VA 23502  
(757) 461-8007  
[www.endeppence.org](http://www.endeppence.org)

### ***Cerebral Palsy of Virginia***

5825 Arrowhead Drive, Suite 201  
Virginia Beach, VA 23462  
Phone: (757) 497-7474  
[www.cerebralpalsyofvirginia.org](http://www.cerebralpalsyofvirginia.org)

### ***Down Syndrome Association of Hampton Roads***

Endeppence Center  
6300 East Virginia Beach Blvd

Norfolk, VA 23502  
(757) 466-3696  
[www.dsahr.org](http://www.dsahr.org)

### ***Families of Autistic Children of Tidewater (FACT)***

(757) 422-2040  
[www.camp4autism.org](http://www.camp4autism.org)

### ***Special Needs Assistance Program for Children***

(757) 440-5254  
[www.snap4kids.org](http://www.snap4kids.org)

### ***Family Services of Tidewater, Inc.***

222 West 19<sup>th</sup> Street  
Norfolk, VA 23517  
(757) 622-7017

***Carpe Diem Children's Services of  
Hampton Roads***

3500 Tejo Lane  
Chesapeake, VA 23321  
(757) 638-5500  
[www.carpediemofva.com](http://www.carpediemofva.com)

***Tidewater Child Development Services***

830 Southampton Avenue, Suite 2093  
Norfolk, VA 23510  
(757) 683-8770  
[www.norfolk.gov/pub\\_health/ChildServices.  
asp](http://www.norfolk.gov/pub_health/ChildServices.asp)

***Virginia Autism Project***

43260 Atherton Street  
Asburn, VA 20147  
[www.virginiaautismproject.com](http://www.virginiaautismproject.com)

***Virginia Board for People with Disabilities***

Washington Building  
1100 Bank Street 7<sup>th</sup> Floor  
Richmond, VA 23219  
(804) 786-0016  
1-800-846-4464  
[www.vaboard.org](http://www.vaboard.org)

***Virginia 2-1-1***

Information and Referrals  
Dial 2-1-1  
[www.211virginia.org](http://www.211virginia.org)

***Commonwealth of Virginia Assistive  
Technology Loan Fund Foundation***

*NewWell Fund*  
(866) 835-5976  
[www.vadrs.org/cbs/cilslisting.htm](http://www.vadrs.org/cbs/cilslisting.htm)  
[www.newwellfund.org](http://www.newwellfund.org)

***The Ability Center***

Jeff Byrd, Ability Consultant  
3301 N. Military Highway  
Norfolk, VA 23518  
(757) 201-7495  
[www.abilityva.com](http://www.abilityva.com)



## ***Military Resources and Services***

### ***Navy – Local EFMP Contacts:***

#### ***Mid-Atlantic Region***

Brenda C. Bollenberg: (757) 322-9158  
[brenda.bollenberg.ctr@navy.mil](mailto:brenda.bollenberg.ctr@navy.mil)

#### ***Oceana***

Robin Conley: (757) 433-2912  
[robin.conley.ctr@navy.mil](mailto:robin.conley.ctr@navy.mil)  
Douglas Morfeld: (757) 445-3073  
[douglas.morefield@navy.mil](mailto:douglas.morefield@navy.mil)

#### ***Yorktown, Newport News, Sugar Grove***

Deanne Noel: (757) 887-4606  
[Deanne.noel.ctr@navy.mil](mailto:Deanne.noel.ctr@navy.mil)

#### ***JEB Little Creek/Fort Story***

Pat Resnick: (757) 462-7563  
[patricia.resnick.ctr@navy.mil](mailto:patricia.resnick.ctr@navy.mil)

#### ***Norfolk***

Loris Velez-Acevedo: (757) 44-2102  
[loris.velezacevedo.ctr@navy.mil](mailto:loris.velezacevedo.ctr@navy.mil)

#### ***Portsmouth Naval Medical Center***

Glenda Lewis-Fleming: (757) 953-7379  
[Glenda.lewis-fleming@med.navy.mil](mailto:Glenda.lewis-fleming@med.navy.mil)

#### ***Navy Exceptional Family Member Program (EFMP)***

Portsmouth Naval Medical Center EFMP  
Office  
(757) 953-5833  
[www.npc.navy.mil/CommandSupport/ExceptionalFamilyMember/](http://www.npc.navy.mil/CommandSupport/ExceptionalFamilyMember/)

#### ***Fleet & Family Support Center of Hampton Roads***

1-800-372-5463  
(757) 444-NAVY  
[www.CNIC.navy.mil/navylifeMA](http://www.CNIC.navy.mil/navylifeMA)

#### **Locations:**

*Norfolk Naval Station*  
7928 14<sup>th</sup> Street Ste 102  
Norfolk, VA 23505  
(757) 444-2102

*Little Creek/Fort Story*  
1450 D Street  
Norfolk, VA 23521  
(757) 462-7563

*Oceana Naval Air Station*  
1896 Laser Road Ste 120  
Virginia Beach, VA 23460  
(757) 433-2912

*Dam Neck Annex*  
2073 Tartar Avenue Bldg 585  
Virginia Beach, VA 23454  
(757) 492-6342

*Northwest Annex Naval Support*  
4504 Relay Road Bldg 374  
Chesapeake, VA 23322  
(757) 421-8770

*Yorktown Naval Weapons Station*  
1949 Von Steuben Drive  
Newport News, VA 23603  
(757) 887-4606

*Newport News Shipyard*  
3101 Washington Avenue

Newport News, VA 23607  
(757) 688-6289

*Portsmouth Naval Medical Center*  
620 John Paul Jones Circle Bldg 249  
Portsmouth, VA 23708  
(757) 953-7801

***Air Force - Langley Air Force Base:  
Special Needs Identification***

*Program/EFMP-Medical*  
Peggy Gunther: (757) 225-5950  
[peggy.gunther@langley.af.mil](mailto:peggy.gunther@langley.af.mil)

***EFMP-Family Support Coordinator***

Ursula Santiago: (757) 764-3990  
[Usula.santiago@langley.af.mil](mailto:Usula.santiago@langley.af.mil)

Janice McGhee: (757) 764-6352

***Langley Airman & Family Readiness  
Center***

45 Nealy Avenue, Suite 100  
Langley AFB, VA 23665  
(757) 764-3990

***Marine Corps EFMP:***

***EFMP Contact***  
Kim Carmon-Stanley: (757) 953-2270  
[Kimberly.carmon-stanley@med.navy.mil](mailto:Kimberly.carmon-stanley@med.navy.mil)

Kai Faison: (757) 836-0078  
[kai.faison@usmc.mil](mailto:kai.faison@usmc.mil)

Karina Phillips: (757) 445-6875  
[phillipskm@usmc-mccs.org](mailto:phillipskm@usmc-mccs.org)

***Marine Corps Exceptional Family Member  
Program***

Marine Corps Community Services  
HQ MCCDC, 3019 Embry Loop  
Quantico, VA 22134-5012  
(703) 784-2172

***Army – Fort Eustis:***

***EFMP Contact***

Marlene F. Cherrye: (757) 878-1954  
[marlene.f.cherrye.civ@mail.mil](mailto:marlene.f.cherrye.civ@mail.mil)

***Army Exceptional Family Member  
Program***

McDonald Army Community Hospital  
Jefferson Avenue, Bldg 576  
Fort Eustis, VA 23604  
(757) 314-7500

***Coast Guard:***

***EFMP Contacts***

Kelly Beck: (757) 686-4025  
[Kelly.a.beck@uscg.mil](mailto:Kelly.a.beck@uscg.mil)

Donna Pass-Otteni: (757) 686-4023  
[donna.s.pass-otteni@uscg.mil](mailto:donna.s.pass-otteni@uscg.mil)

***Coast Guard Portsmouth Special Needs  
Program***

4000 Coast Guard Blvd  
Portsmouth, VA 23703  
Family Advocacy Specialists  
Aretha Thomas: (757) 686-4036  
Lilly Cockrill: (757) 686-4027

***Medical:***

***TRICARE North Region***

1-877-874-2273 (1-877-TRICARE)  
[www.mytricare.com](http://www.mytricare.com)

***Portsmouth Naval Hospital***

***Pediatric Specialty Clinics***

Neuro-developmental, Neurology, Autism  
Spectrum Disorder Assessment Clinic  
620 John Paul Jones Circle  
Porsmouth, VA 23708  
(757) 953-5000

(need referral from Primary Care Manager)

***Respite Care Program:***

***Military Respite Care Program***

Call NACCRA-Military Families for Intake  
Paperwork

1515 N. Courthouse Road, 11<sup>th</sup> Floor  
Arlington, VA 22201

Director: Betty Underwood  
(800) 424-2246

[www.naccrra.org/military-families](http://www.naccrra.org/military-families)

***The Planning Council (assistance in finding respite care provider)***

5365 Robin Hood Road, Suite 700  
Norfolk, VA 23513  
(757) 622-9628

***Support Groups, Facebook Support Pages***

***Exceptional Family Member Program Support Group***

(Norfolk/ Virginia Beach)  
Ladene Suggs: (757) 460-1236  
[nadine244@juno.com](mailto:nadine244@juno.com)

***Special Needs Support for Military Families***

[www.facebook.com/#!/groups/SNSFMF](https://www.facebook.com/#!/groups/SNSFMF)

***American Military Families Autism Support***

*Hampton Roads Group- run by parents*

<https://www.facebook.com/groups/162451563867126/>

*National Group- run by parents*

<https://www.facebook.com/militaryautism?fref=ts>

## ***National Programs***

***ADA Information Center-National Center***

451 Hungerford Drive Ste 700  
Rockville, MD 20850  
1-800-949-4232  
(301) 217-0124  
[www.adainfo.org](http://www.adainfo.org)

***ADA Information Center- Virginia Mid-Atlantic ADA Center***

Virginia ADA Coalition  
Independence Center  
Kelly Maxwell Gonzalez  
6300 E. Virginia Beach Blvd.  
Norfolk, VA 23502  
(757) 461-8007

***Autism Society (National Location)***

4340 East-West Highway Ste 350  
Bethesda, MD 20814  
1-800-3AUTISM (1-800-328-8476)

(301) 657-0881

[www.autism-society.org](http://www.autism-society.org)

***National Autism Center***

41 Pacella Park Drive  
Randolph, MA 02368  
1-877-313-3833  
[www.nationalautismcenter.org](http://www.nationalautismcenter.org)

***Autism Speaks***

[www.autismspeaks.org](http://www.autismspeaks.org)

***Talk About Curing Autism (TACA)***

[www.tacanow.org](http://www.tacanow.org)

***Generation Rescue***

[www.generationrescue.org](http://www.generationrescue.org)

***National Rehabilitation Information Center (NARIC)***

8400 Corporate Drive, Suite 500  
Landover, MD 20785

1-800-346-2742  
(301) 459-5900  
[www.naric.com](http://www.naric.com)

***Families for Early Autism Treatment***  
[www.feat.org](http://www.feat.org)

***Unlocking Autism***  
P.O. Box 208  
Tyrone, GA 30290  
(866) 366-3361  
[www.unlockingautism.org](http://www.unlockingautism.org)

***National Dissemination Center for  
Children with Disabilities (NICHCY)***  
1825 Connecticut Avenue NW Ste 700  
Washington, DC 20009  
(800) 695-0285  
(202) 884-8200  
[www.nichcy.org](http://www.nichcy.org)

***Organization for Autism Research (OAR)***  
2000 North 14<sup>th</sup> Street Ste 710  
Arlington, VA 22201  
(703) 243-9710  
[www.researchautism.org](http://www.researchautism.org)

***Autism Research Institute***  
4182 Adams Avenue  
San Diego, CA 92116  
(866) 366-3361  
[www.autism.com](http://www.autism.com)

***Children's Angel Flight***  
Air Travel for Medical Purposes Program  
4620 Haygood Road, Suite 1  
Virginia Beach, VA 23455  
(757) 512-5267  
[www.ChildrensAngelFlight.org](http://www.ChildrensAngelFlight.org)

## ***Neurofeedback***

***Spectrum Psychological Services***  
Nikki Schwartz  
Counseling, Neurofeedback, Play Therapy  
1020 Independence Blvd, Suite 204  
Virginia Beach, VA 23453  
(757) 640-1882  
[www.spectrumpsychological.net](http://www.spectrumpsychological.net)

***Parker, Schlichter and Associates***  
5029 Corporate Woods Drive, Suite 250  
Virginia Beach, VA 23462  
(757) 473-3770  
[www.parkerschlichterandassociates.com](http://www.parkerschlichterandassociates.com)

## ***Neurologists***

***Child & Adolescent Neurology***  
*Children's Hospital of the King's Daughters*  
*(CHKD)*  
*Neuro-Developmental Center*  
850 Southampton Avenue  
Norfolk, VA 23510  
(757) 668-9920  
(757) 961-0169  
[www.chkd.org](http://www.chkd.org)

## ***Occupational Therapists & Physical Therapists***

***Children's Hospital of the King's Daughters (CHKD)***  
601 Children's Lane  
Norfolk, VA 23507  
(757) 668-7000  
[www.chkd.org/Services/PTOTST/](http://www.chkd.org/Services/PTOTST/)

***Rehabilitation Associates, P.C.***  
4560 South Blvd., Suite 310  
Virginia Beach, VA 23452  
(757) 490-3223  
(800) 568-9269  
[www.rehabilitationassociates.com](http://www.rehabilitationassociates.com)

***PhysioTherapy Associates***  
1400 Fordham Drive  
Virginia Beach, VA 23464  
(757) 361-3951  
[www.physiocorp.com](http://www.physiocorp.com)

***Dianne D. Epplein & Associates***  
818 Newtown Road  
Virginia Beach, VA 23462  
(757) 473-8016  
[www.ddepdiatrictherapy.com](http://www.ddepdiatrictherapy.com)

***Dominion Physical Therapy & Associates, Inc.***  
729 Thimble Shoals Blvd Ste 4-C  
Newport News, VA 23606  
(757) 873-2932  
[www.dompt.com](http://www.dompt.com)

***Southeastern Physical Therapy***  
[www.southeasternpt.com](http://www.southeasternpt.com)

Locations:

*Great Neck*  
1157 First Colonial Road, Suite 201  
Virginia Beach, VA 23454  
(757) 481-0052

*Kempsville*  
5301 Providence Road, Suite 80  
Virginia Beach, VA 23464  
(757) 575-2039

*General Booth*  
2020 General Booth Blvd, Ste 120  
Virginia Beach, VA 23454  
(757) 467-5505

***Therapy for Kids***

5301 Providence Road, Ste. 80

Virginia Beach, VA 23464

(757)-1900 Ext. 204

[www.southeastern4kids.com](http://www.southeastern4kids.com)

***Physical Therapy Works for Kids***

[www.ptworks.net](http://www.ptworks.net)

(757) 539-6300

Locations:

*Suffolk*

2007 Meade Parkway

Suffolk, VA 23434

(757) 539-0704

*Smithfield*

1250 Smithfield Plaza

Smithfield, VA 23430

(757) 357-6869

***Tidewater Therapy for Children***

4016 Raintree Road, Suite 240

Virginia Beach, VA 23321

(757) 488-2864

[www.tidewatertherapy.com](http://www.tidewatertherapy.com)

***Therapy Choice OT***

1157 First Colonial Parkway, Suite 301

Virginia Beach, VA 23454

(757) 422-6342

[www.therapychoiceot.net](http://www.therapychoiceot.net)

***Coastal Rehab***

101 Medical Drive

Elizabeth City, NC 27909

(252) 338-2114

[www.coastalrehabnc.com](http://www.coastalrehabnc.com)

## ***Ophthalmologists***

***Dr. Joel Lall-Trail***

885 Kempsville Road, Suite 101

Norfolk, VA 23502

(757) 461-3106

***Developmental Vision Care, P.C.***

Dr. Kenneth R. Westcott, O.D.

1417 North Battlefield Blvd Ste 170

Chesapeake, VA 23320

(757) 410-3005

[www.d-visioncare.com](http://www.d-visioncare.com)

***Chesapeake Eye Care and Laser Center***

***Grifey & Whitelock Eye Specialists***

[www.griffey2020.com](http://www.griffey2020.com)

Locations:

*Chesapeake*

560 Kempsville Road, Suite 100

Chesapeake, VA 23320

(757) 410-9500

*Norfolk*

3921 Granby Street

Norfolk, VA 23504

(757) 410-9500

**Virginia Pediatric Eye Center**  
Dr. Earl Crouch Jr., M.D., F.A.C.S.  
[www.virginiapediatricseye.com](http://www.virginiapediatricseye.com)  
(757) 461-0050

Locations:

*Norfolk*  
880 Kempsville Road  
Norfolk, VA 23502

*CHKD*  
601 Children's Lane  
5<sup>th</sup> Floor, Suite 5D  
Norfolk, VA 23507

*Hampton*  
Executive Towers  
2101 Executive Drive, 6<sup>th</sup> Floor  
Hampton, V A 23666

**Dr. Joel N. Zaba**  
[www.optometrists.org/zaba](http://www.optometrists.org/zaba)

Locations:

*Virginia Beach*  
Pembroke 1, Suite 105  
281 Independence Blvd  
Virginia Beach, VA 23462  
(757) 497-9575

*Norfolk*  
1232 W. Little Creek Rd, Suite 200  
Norfolk, VA 23505  
(757) 489-9656

## ***Psychiatrists/Psychologist***

**Eastern Virginia Medical School**  
*Department of Psychiatry and Behavioral  
Sciences*

ASD Program for Older Adolescents and  
Young Adults  
825 Fairfax Avenue  
Hofheimer Hall, Suite 710  
Norfolk, VA 23507  
(757) 446-5888  
[www.evms.edu](http://www.evms.edu)

**Dr. Charles Parker**  
*Parker, Schlichter & Associates*  
5029 Corporate Woods Drive, Suite 250  
Virginia Beach, VA 23462  
(757) 473-3770  
[www.parkerschlichterandassociates.com](http://www.parkerschlichterandassociates.com)

**Hampton Mental Health Associates**  
Martha Jones, MSN, CPNP, PMHS  
2208 Executive Drive, Suites A, C, & E  
Hampton, VA 23666  
(757) 826-7516  
[www.hmha.net](http://www.hmha.net)

**Churchland Psychiatric Association**  
Vike Xides, LCSW  
Academy Crossing Medical Plaza  
3300 Academy Drive  
Portsmouth, VA 23703  
(757) 483-6404

***Dominion Psychiatric***

2580 Potters Road  
Virginia Beach, VA 23452  
(757) 498-9391  
[www.dominionpsych.com](http://www.dominionpsych.com)

***Spectrum Psychological Services***

Carl R. Ellis, Ed.D.  
1020 Independence Blvd., Suite 204  
Virginia Beach, VA 23453  
(757) 640-1882  
[www.spectrumpsychological.net](http://www.spectrumpsychological.net)

***Community Psychological Resources***

Margaret McDowell  
249 West York Street  
Norfolk, VA 23510  
(757) 622-6794

***Dr. Peter Dozier, M.D.***  
***Children's Hospital of the King's  
Daughters***

*Behavioral Pediatrics*  
601 Children's Lane  
Norfolk, VA 23507  
(757) 668-8866

***Dr. Kathrin Hartmann, PhD***

*Associate Professor and Clinical  
Psychologist*  
EVMS Health Services  
Department of Psychiatry and Behavioral  
Sciences  
825 Fairfax Avenue  
Hofheimer Hall, 7<sup>th</sup> Floor  
Norfolk, VA 23507  
(757) 446-5888  
[www.evmshealthservices.org](http://www.evmshealthservices.org)

***Independence Child Therapy Services,  
LLC***

Linda Bourdon, Ed.D.  
Licensed Clinical Psychologist  
2940 Lynnhaven Road  
Virginia Beach, VA 23452  
(757) 460-2057  
[www.independencechildtherapy.com](http://www.independencechildtherapy.com)

***Hampton Roads Neuropsychology***  
[www.hamptonroadspsychology.com](http://www.hamptonroadspsychology.com)

Locations:

*Virginia Beach*  
780 Lynnhaven Road, Ste 340  
Virginia Beach, VA 23452  
(757) 498-9585

*Newport News*  
739 Thimble Shoals Blvd, Ste 704  
Newport News, VA 23606  
(757) 498-9585



## ***Public School Information/Parent Resource Centers***

### ***Virginia Beach Public Schools***

[www.vbschools.com](http://www.vbschools.com)

*Parent Resource Center*

Laskin Road Annex

1413 Laskin Road

Virginia Beach, VA 23451

(757) 263-2800

*Special Education Advisory Committee*

(SEAC): (757) 368-5327

*Office of Programs for Exceptional Children:* (757) 263-2400

### ***Chesapeake Public Schools***

[www.cpschools.com](http://www.cpschools.com)

*Parent Resource Center*

369 South Battlefield Blvd

Chesapeake, VA 23322

(757) 482-5923

*Special Education Director, Craig Pinello:*

(757) 494-7600

### ***Norfolk Public Schools***

[www.nps.k12.va.us](http://www.nps.k12.va.us)

*Parent Resource Center*

132 North Military Highway

Norfolk, VA 23502

(757) 892-3385 ext. 3408

*Special Education Director, Sandra Witcher:*

(757) 628-3950

*Special Education Advisory Committee*

(SEAC), Ginny Bobby: (757) 515-0261

### ***Portsmouth Public Schools***

[www.pps.k12.va.gov](http://www.pps.k12.va.gov)

*Parent Resource Center/Family Information Center*

2801 Turnpike Road

Portsmouth, VA 23707

(757) 289-8990

*Special Education Office:*

Judith Fagan (757) 393-8792

Pamela Hardy (757) 393-8658

### ***Suffolk Public Schools***

[www.spk12.net](http://www.spk12.net)

*Parent Resource Center*

2316 William Reid Drive

Suffolk, VA 23434

(757) 925-5785

Debra Bagley

### ***Hampton Public Schools***

[www.sbo.hampton.k12.va.us](http://www.sbo.hampton.k12.va.us)

*Parent Resource Center*

1145 W. Queen Street

Hampton, VA 23669

Nancy Whitaker: (757) 896-7628

### ***Newport News Public Schools***

[www.sbo.nn.k12.va.gov](http://www.sbo.nn.k12.va.gov)

*Parent Resource Center*

21 Burns Drive

Newport News, VA 23601

Ruthann Newton: (757) 591-4527

### ***Virginia Department of Education Parent Resource Center (VDOE)***

Judith Hudgins

(804) 371-7421

## ***Respite Care & Childcare Referral***

### ***Babysitease***

(757) 689-8748

[www.babysitease.com](http://www.babysitease.com)

1/2 price for ASA families

### ***Care.Com, Inc.***

1-877-227-3115

201 Jones Road, Suite 500

Waltham, MA 02451

[www.care.com](http://www.care.com)

### ***NACCRRRA Child Care Referral Services***

1515 N. Courthouse Road, Floor 11

Arlington, VA 22201

(703) 341-4100

[www.naccrra.org](http://www.naccrra.org)

### ***Children's Advocacy & Services Group, LLC***

Center Based After School/Weekends Respite Care

757-376-3147

[www.childensadvocacyandservicesgroup.com](http://www.childensadvocacyandservicesgroup.com)

### ***Precious Pearls Childcare Center***

For Children With Special Needs

7808 Wildwood Drive

Norfolk, VA 23518

(757) 961-1196

(757) 286-9900

## ***Safety and Tracking Devices***

### ***Project Lifesaver International***

Check website for further city listings

[www.projectlifesaver.org](http://www.projectlifesaver.org)

Locations:

#### ***Project Lifesaver Chesapeake***

815 Battlefield Blvd South

Chesapeake, VA 23322

(757) 546-5502

#### ***Project Lifesaver Norfolk***

811 E. City Hall Ave.

Norfolk, VA 23510

(757) 328-2485

#### ***Project Lifesaver Portsmouth***

Portsmouth Police Department

711 Crawford Street

Portsmouth, VA 23704

(757) 686-2566

Sgt Teresa Faesi

(757) 391-3202

Deputy Larry Compton

(757) 686-2565

#### ***Project Lifesaver Portsmouth***

Portsmouth Fire Department

641 Broad Street

Portsmouth, VA 23707

(757) 393-8167

#### ***Project Lifesaver Virginia Beach***

2509 Princess Anne Road

Virginia Beach, VA 23456

(757) 282-8566

MPO Allen Perry

alperry@vb.gov.com

757-385-2804

[www.VirginiaBeachProjectlifesaver.com](http://www.VirginiaBeachProjectlifesaver.com)

*Project Lifesaver Hampton*  
Hampton Sheriff's Office  
1928 W. Pembroke Avenue  
Hampton, VA 23661  
(757) 926-2509

[www.ion-kids.com](http://www.ion-kids.com)

***Computer Aided Dispatch System***  
911 Registry  
Virginia Beach – M.P.O. S.L. Wichtendahl  
(757) 437-7656

*Project Lifesaver Newport News*  
Newport News Sheriff's Office  
224 26<sup>th</sup> Street  
Newport News, VA 23607  
(757) 926-8149

***Hampton Roads Medical Needs Registry  
Emergency Preparedness Tool***  
Hampton Roads Planning District Commis-  
sion (HRPDC)  
723 Woodlake Drive  
Chesapeake, VA 23320  
(757) 420-8300  
[specialneeds@hrpdcva.gov](mailto:specialneeds@hrpdcva.gov)  
[www.hrspecialneeds.org](http://www.hrspecialneeds.org)

***MedicAlert***  
2323 Colorado Avenue  
Turlock, CA 95382  
(888) 633-4298  
[www.medicalert.org](http://www.medicalert.org)

***IonKids***  
2306 Masonwood Way  
Round Rock, TX 78681  
1-888-846-6543

## ***Secondary Educational Programs (Adults)***

***Tidewater Community College  
Disability Services***  
Linda Harris, College-wide Coordinator  
1700 College Crescent  
Lynnhaven Building, Room 120  
Virginia Beach, VA 23453  
(757) 822-7751  
[www.tcc.edu/students/specialized/disabilityservices/](http://www.tcc.edu/students/specialized/disabilityservices/)

College of Education & Human Services  
Huntington, WV 25755  
(304) 696-2332  
[www.marshall.edu/coe/atc](http://www.marshall.edu/coe/atc)

***College Living Experience, Inc.  
National Admissions***  
7150 Columbia Gateway, Suite J  
Columbia, MD 21046  
(800) 486-5058  
[www.CLEinc.net](http://www.CLEinc.net)

***The University of Iowa, REACH***  
College of Education  
S229 Lindquist Center  
Iowa City, IA 52242  
[REACH@uiowa.edu](mailto:REACH@uiowa.edu)  
(319)384-2127

***Marshall University  
West Virginia Autism Training Center***  
One John Marshall Drive Ste 316

***Old Dominion University  
Say Yes to College Program***  
College Transition Program for Students  
with Disabilities  
Joann Ervin  
Old Dominion University  
Education Building, Room 252-1  
Norfolk, VA 23529  
[www.ahead.org/affiliates/virginia/transition-](http://www.ahead.org/affiliates/virginia/transition-)

[program](#)

## ***Social Services & Social Security***

### ***Chesapeake Department of Social Services***

S. Michelle Cowling, Director  
100 Outlaw Street  
Chesapeake, VA 23320  
(757) 382-2000

### ***Norfolk Department of Human Services***

Stephen Hawks, Director  
Franklin Building  
741 Monticello Avenue  
Norfolk, VA 23510  
(757) 664-6000

### ***Portsmouth Department of Social Services***

Jacqueline Scott, Director  
1701 High Street, Suite 101  
Portsmouth, VA 23704  
(757) 405-1800

### ***Suffolk Department of Social Services***

Azeez Felder, Director  
135 Hall Avenue, Suite B  
Suffolk, VA 23434  
(757) 514-7450

### ***Virginia Beach Department of Human Services***

Robert R. Morin, Jr., Director  
3432 Virginia Beach Blvd, Suite 342  
Virginia Beach, VA 23452  
(757) 437-3200

### ***Hampton Department of Social Services***

Wanda Rogers, Director  
1320 LaSalle Ave.  
Hampton, VA 23669  
(757) 727-1800

### ***Newport News Department of Human Services***

Glenn Butler, Director  
Rouse Tower, 6060 Jefferson Ave.  
Newport News, VA 23605  
(757) 926-6300

### ***Social Security Administration Offices (800) 772-1213***

*Norfolk & Chesapeake*  
5850 Lake Herbert Drive  
Norfolk, VA 23502

*Virginia Beach*  
2875 Sabre Street, Suite 100  
Virginia Beach, VA 23452

*Portsmouth*  
3305 Airline Blvd  
Portsmouth, VA 23701

*Suffolk*  
502 Hillpoint Blvd  
Suffolk, VA 23434

*Hampton*  
1521 Hardy Cash Drive  
Hampton, VA 23666

*Newport News*  
11706 Jefferson Ave  
Newport News, VA 23606

## ***Social Skills Therapy***

### ***Social Butterflies Club***

#### ***Atlantic Speech Therapy***

1157 First Colonial Road, Suite 301  
Virginia Beach, VA 23454  
(757) 422-6342  
[www.atlanticspeechtherapy.org](http://www.atlanticspeechtherapy.org)

### ***Southeastern Skill Builders***

4509 Colley Avenue  
Norfolk, VA 23508  
(757) 749-2207  
[www.southeasternskillbuilders.com](http://www.southeasternskillbuilders.com)

### ***Autism Tutoring Services***

Judy Lambert  
1132 Rollingwood Arch  
Virginia Beach, VA 23464  
(757) 619-0860

### ***CHIT-CHAT***

Summer Social Skills Group  
Jodi Schwartz, M.S., CCC-SLP  
Dina Horwitz, M.S., CCC-SLP  
(917) 293-4710  
(917) 355-1089

### ***The Learning Resource Center***

***Friendship Club***  
935 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 428-3367  
[www.learningresourcecenter.org](http://www.learningresourcecenter.org)

## ***Speech/Language/Sign Therapy***

[www.chkd.org/Services/PTOTST/](http://www.chkd.org/Services/PTOTST/)

### ***Diann Shorter***

Advanced Signing Time Instructor  
Facebook: SignWithMe  
(757) 968-2121  
[www.signwithmeva.blogspot.com](http://www.signwithmeva.blogspot.com)  
[www.signwithmeva.com](http://www.signwithmeva.com)

### ***Norfolk Speech and Language Services***

4509 Colley Avenue  
Norfolk, VA 23508  
(757) 423-1933  
[www.norfolkspeech.com](http://www.norfolkspeech.com)

### ***Children's Hospital of the King's Daughters (CHKD)***

601 Children's Lane  
Norfolk, VA 23507  
(757) 668-7083

### ***PhysioTherapy Associates***

***Pediatrics-Kemp River***  
1400 Fordham Drive  
Virginia Beach, VA 23464  
(757) 361-3954  
<http://www.physiocorp.com/facility/60312/VA/Virginia%20Beach/Pediatrics%20-%20Kemps%20River>

### ***Southeastern therapy for kids***

***Beth King, Director***  
(757) 467-1900, Ext. 204  
[www.southeastern4kids.com](http://www.southeastern4kids.com)  
***Virginia Beach:***  
5301 Providence Road, Suite 80  
Virginia Beach, VA 23464

1157 First Colonial Road, Suite 201  
Virginia Beach, VA 23454

*Norfolk:*

765 W. Little Creek Road  
Norfolk, VA 23505

***Rehabilitation Associates, P.C.***

4560 South Boulevard, Suite 310  
Virginia Beach, VA 23452  
(757) 490-3223

[www.rehabilitationassociates.com](http://www.rehabilitationassociates.com)

***Dianne D. Epplein & Associates***

***Pediatric Therapy***

818 Newtown Road  
Virginia Beach, VA 23462  
(757) 473-8016

[www.ddepediatrictherapy.com](http://www.ddepediatrictherapy.com)

***Southeastern Physical Therapy***

[www.southeasternpt.com](http://www.southeasternpt.com)

*Locations:*

*Virginia Beach*

1557 First Colonial Road, Suite 201  
Virginia Beach, VA 23454  
(757) 481-0052

5301 Providence Road, Suite 80  
Virginia Beach, VA 23464  
(757) 467-4604

2020 General Booth Blvd, Suite 120  
Virginia Beach, VA 23454  
(757) 467-5505

***Sense Abilities Pediatric Therapy, LLC***

Peggy P. Joseph, MS, CCC-SLP  
(757) 718-8505

[ChesapeakeSensabilites@gmail.com](mailto:ChesapeakeSensabilites@gmail.com)

***Speech & Language Service of Virginia***

Nikki Paquette

757-262-8644

[Paquette.nikki@gmail.com](mailto:Paquette.nikki@gmail.com)

***Physical Therapy Works for Kids***

[www.ptworks.net](http://www.ptworks.net)

*Locations:*

Suffolk  
2007 Meade Parkway  
Suffolk, VA 23434  
(757) 539-6300

1931 Holland Road  
Suffolk, VA 23434  
(757) 925-4500

1250 Smithfield Plaza  
Smithfield, VA 23430  
(757) 357-6869

***Tidewater Therapy for Children***

4016 Raintree Road, Suite 240  
Chesapeake, VA 23321  
(757) 488-2864

[www.tidewatertherapy.com](http://www.tidewatertherapy.com)

***Coastal Rehab***

101 Medical Drive  
Elizabeth City, NC 27909  
(252) 338-2114

[www.coastalrehabnc.com](http://www.coastalrehabnc.com)

***Tech 4 Speech***

[www.tech4speech.org](http://www.tech4speech.org)

[info@tech4speech.org](mailto:info@tech4speech.org)

## ***Sports/ Therapeutic Recreation Programs***

### ***Renegades Cheer Association***

#### ***Special Needs Team – “Shining Stars”***

Theresa Cole, President & Head Coach  
549 South Birdneck Road, Suite 106  
Virginia Beach, VA 23451  
(757) 285-6492

<http://www.leaguelineup.com/welcome.asp?url=cheerrenegades>

### ***Boy Scouts of America, Tidewater Council***

1032 Heatherwood Drive  
Virginia Beach, VA 23455  
(757) 497-2688

[www.tidewaterbsa.com](http://www.tidewaterbsa.com)

### ***Challenged Athletes of West Virginia***

Adaptive Sports Program  
David Begg  
10 Snowshoe Drive  
Snowshoe, WV 26209  
(304) 572-6708  
[www.cawvsports.org](http://www.cawvsports.org)

### ***EQUI-KIDS Therapeutic Riding Program***

2626 Heritage Park Drive  
Virginia Beach, VA 23456  
(757) 721-7350  
[www.equikids.org](http://www.equikids.org)

### ***Adaptive Movements Program***

Linda Miller-Dunleavy  
2157 Landstown Road  
Virginia Beach, VA 23456  
(757) 427-3955  
[www.beachfieldhouse.com/campsclinics/610522.html](http://www.beachfieldhouse.com/campsclinics/610522.html)

### ***Little League, Challenger Division***

Email: [norfolkchallenger@cox.net](mailto:norfolkchallenger@cox.net)  
Norfolk

Gary Owens  
(757) 480-3304

Virginia Beach  
Steve Hackforth  
(757) 749-2564

Chesapeake  
Jeff Parker  
(757) 646-2024

### ***Special Olympics***

Brad Stevens  
Locations for Virginia Beach, Portsmouth,  
Norfolk, and Chesapeake  
(Person must have an Intellectual Disability  
diagnosis to participate)  
[www.area2specialolympicsva.org](http://www.area2specialolympicsva.org)

### ***Play by play Improv, LLC***

Katie Anderson  
[playbyplayimprov@gmail.com](mailto:playbyplayimprov@gmail.com)  
(757) 692-1802  
<http://playbyplayimprov.com>

### ***Therapeutic Recreation Centers***

#### ***Locations:***

*Chesapeake*  
Jessica Smith, CTRC  
1224 Progressive Drive, Suite 200  
Chesapeake, VA 23320  
(757) 382-1328

*Norfolk*  
Darrell Crittendon  
180 E. Evans Street  
Norfolk, VA 23503  
(757) 441-1764

*Portsmouth*  
Art Wililams  
John F. Kennedy Recreation Center

12 Grand Street  
Portsmouth, VA 23701  
(757) 393-8340

*Virginia Beach*  
Teri Dalone  
800 Monmouth Lane  
Virginia Beach, VA 23464  
(757) 474-8877

*Hampton*  
3501 Kecoughtan Road  
Hampton, VA 22661  
(757) 727-1977

*Newport News*  
700 Town Center Drive, Suite 320  
Newport News, VA 23606  
(757) 926-1400

***Virginia Rush Soccer Club***

[www.varush.com](http://www.varush.com)

TOPSoccer  
(The Outreach Program for Soccer)

*Locations*

*Southside:*

Virginia Beach Sportsplex  
2181 Landstown Road  
Virginia Beach, VA 23456  
(757) 430-3500

*Peninsula:*

28 Research Drive, Suite C  
Hampton, VA 23666  
(757) 224-0213

***The First Tee of Hampton Roads YMCA***

[www.thefirstteehr.org](http://www.thefirstteehr.org)

*Locations:*

*Virginia Beach:*  
2400 Tournament Road  
Virginia Beach, VA 23456  
(757) 563-8990

*Norfolk:*

4301 Powhatan Avenue  
Norfolk, VA 23508  
(757) 563-8990

***Dream Catchers Williamsburg***

Terry Jacoby, Donor Relations Coordinator  
Cori Sikich Therapeutic Riding Center  
10120 Fire Tower Road  
Toano, VA 23168  
(757) 566-1775

[www.dreamcatcherswilliamsburg.org](http://www.dreamcatcherswilliamsburg.org)

***Triple-R Ranch Therapeutic Riding Program***

3531 Bunch Walnut Road  
Chesapeake, VA 23322  
(757) 421-4177

[www.triplerranch.org](http://www.triplerranch.org)

***YMCA South Hampton Roads Operations Center***

4101 Granby Street Ste 305  
Norfolk, VA 23504  
(757) 962-2112

[www.ymcashr.org](http://www.ymcashr.org)

***KelsKids***

*Adaptive Aquatic Lessons*  
200 David Street  
Kill Devil Hills, NC  
(252) 489-5589

[www.kelskids.org](http://www.kelskids.org)

***Adaptive Movement Programs***

Linda Miller-Dunleavy  
757-630-9801

***The Music Staff, Inc.***

3100 Tyre Neck Road  
Chesapeake, VA 23321-5309  
(757) 483-4900

[www.themusicstaff.com](http://www.themusicstaff.com)

***Centerstage Academy***

*Joy of Acting Class*



4030 George Washington Highway  
Yorktown, VA 23692

(757) 890-0175  
[www.CenterstageAcademyVA.com](http://www.CenterstageAcademyVA.com)

## ***State Resources***

***Commonwealth Autism Services***  
2201 West Broad Street, Suite 107  
Richmond, VA 23220  
(800) 649-8481  
(804) 355-0300  
[www.autismva.org](http://www.autismva.org)

***Virginia Autism Resource Center (VARC***  
*Virginia Commonwealth University)*  
4100 Price Club Blvd  
Midlothian, VA 23112  
1-877-667-7771  
(804) 674-8888 ext 5161  
[www.varc.org](http://www.varc.org)

***Division of Special Education and Student Services***  
James Monroe Building  
101 North 14<sup>th</sup> Street  
Richmond, VA 23219  
1-800-292-3820  
[http://www.doe.virginia.gov/about/spec\\_ed\\_and\\_stu\\_svs/index.shtml](http://www.doe.virginia.gov/about/spec_ed_and_stu_svs/index.shtml)

## ***Summer Camp***

***Campgonnawannagoagin***  
*Families of Autistic Children of Tidewater (FACT)*  
(757) 422-2040  
[www.camp4autism.org](http://www.camp4autism.org)

***Camp Easter Seals***  
*Easter Seals Virginia*  
900 Camp Easter Seals Road  
New Castle, VA 24127  
(540) 777-7325 Ext. 107 (Year-Round)  
(540) 864-5750 (open May – August)  
[www.campeastersealsucp.com/](http://www.campeastersealsucp.com/)

***Cerebral Palsy of Virginia***  
5825 Arrowhead Drive Ste 201  
Virginia Beach, VA 23462  
(757) 497-7474  
[www.cerebralpalsyofvirginia.org/summer\\_camp.html](http://www.cerebralpalsyofvirginia.org/summer_camp.html)

***Camp Holiday Trails***  
400 Holiday Trails Lane  
Charlottesville, VA 22903  
(434) 977-3781  
[www.campholidaytrails.org](http://www.campholidaytrails.org)

***Camp Virginia Jaycee***  
P.O. Box 648  
Blue Ridge, VA 24064  
(540) 947-2972  
[www.campvajc.org](http://www.campvajc.org)

***Camp Horizon***  
*The UP Center*  
222 West 19<sup>th</sup> Street  
Norfolk, VA 23517

(757) 622-7017  
[www.theupcenter.org/programs/disability.html](http://www.theupcenter.org/programs/disability.html)

***Therapeutic Summer Program***

*Step by Step Consulting, Inc.*

156 Burnetts Way  
Suffolk, VA 23434  
(757) 934-6470

[www.sbscvva.com/page/programs-and-services/](http://www.sbscvva.com/page/programs-and-services/)

***C.A.T.C.H.***

***Concerned Adults Teaching Children Hope***

46 W. Mercury Blvd.  
Hampton, VA 23669  
(757) 851-0101

[www.projectcatch.org](http://www.projectcatch.org)

***Young Life Capernaum-Hampton Roads***

113 53<sup>rd</sup> St, Suite C  
Virginia Beach, VA 23451  
(804) 380-2330

[www.capernaumhr.com](http://www.capernaumhr.com)

***Civitan Acres for the Disabled***

*Eggleston Services*

2210 Cedar Road  
Chesapeake, VA 23323  
(757) 487-6062

[www.egglestonservices.org/camp\\_civitan.htm](http://www.egglestonservices.org/camp_civitan.htm)

***Camp CHILD***

Tina Barnes  
P.O. Box 3172  
Lynchburg, VA 24503  
(434) 846-4434  
(434) 219-0128

[www.campchild.org](http://www.campchild.org)

***Northstar Academy Summer Camp***

8055 Shrader Road

Richmond, VA 23294  
(804) 747-1003  
[www.northstaracademy.net](http://www.northstaracademy.net)

***Carole and Marcus Weinstein Jewish Community Center***

*Voices Together Camp*

Melissa Bunce  
5403 Monument Avenue  
Richmond, VA 23226  
(804) 545-8658

[www.weinsteinjcc.org/summer-camps/voices-together/](http://www.weinsteinjcc.org/summer-camps/voices-together/)

***Therapeutic Recreation Centers***

*Summer Camp Programs*

*Chesapeake*

Jessica Smith, CTRC  
1224 Progressive Drive, Suite 200  
Chesapeake, VA 23320  
(757) 382-1328

*Norfolk*

Darrell Crittendon  
180 E. Evans Street  
Norfolk, VA 23503  
(757) 441-1764

*Portsmouth*

Art Wililams  
12 Grand Street  
Portsmouth, VA 23701  
(757) 393-8340

*Virginia Beach*

Teri Dalone  
800 Monmouth Lane  
Virginia Beach, VA 23464  
(757) 474-8877

*Hampton*

3501 Kecoughtan Road  
Hampton, VA 22661

(757) 727-1977

*Newport News*  
700 Town Center Drive, Suite 320  
Newport News, VA 23606  
(757) 926-1400

***Access Outdoors***  
2100 Steppingstone Square  
Chesapeake, VA 23320  
(757) 424-8336

***Surfer's Healing***  
[www.surfershealing.org](http://www.surfershealing.org)

***BrickHeadZ***  
Afterschool programs, camps, special events  
1025 Executive Blvd., Suite 111  
Chesapeake, VA 23320  
(757) 630-8823  
[www.brickheadz.net](http://www.brickheadz.net)

## ***Tutoring Services***

***Butterfly Effects***  
(888) 880-9270  
<http://www.butterflyeffects.com/>

***The Learning Resource Center***  
935 First Colonial Road  
Virginia Beach, VA 23454  
(757) 428-3367  
[www.LearningResourceCenter.com](http://www.LearningResourceCenter.com)

## ***Vocational Programs, Employment, and Developmental Day Services (Adult)***

***Community Alternatives, Inc.***  
863 Glenrock Road, Suite 200  
Norfolk, VA 23502  
(800) 475-0575  
[www.comalt.org](http://www.comalt.org)

***Eggleston Services, Inc.***  
1161 Ingleside Road  
Norfolk, VA 23502  
(757) 858-8011  
1-800-722-5831  
[www.egglestonservices.org](http://www.egglestonservices.org)

***Goodwill***  
1345 Diamond Springs Road  
Virginia Beach, VA 23462  
(757)248-9405  
[www.goodwillvirginia.org](http://www.goodwillvirginia.org)

***Sugar Plum Bakery, Inc.***  
1353 Laskin Road  
Virginia Beach, VA 23451  
(757) 422-3913

[www.sugarplumbakery.org](http://www.sugarplumbakery.org)

***Department of Rehabilitative Services***

6340 Center Drive Bldg. 7, Suite 101  
Norfolk, VA 23502  
(800) 552-5019  
(757) 451-7101  
[www.vadrs.org](http://www.vadrs.org)

***SkillQuest Day Support Programs***

*Virginia Beach DHS DS Division*  
400 Investors Place  
Virginia Beach, VA 23452  
(757) 385-4040  
(757) 385-0600  
<http://www.vbgov.com/government/departments/human-services/your-dhs/pages/skillquest.aspx>

***Virginia Independence Training Organization (VITO)***

Westgate Center  
2428 Alameda Avenue, Suite 162  
Norfolk, VA 23513

(757) 965-9234

[www.vitoinc.org](http://www.vitoinc.org)

***Woodrow Wilson Rehabilitation Center***

Box W-2  
P.O. Box 1500  
Fishersville, VA 22939  
(800) 345-9972  
[www.wwrc.virginia.gov](http://www.wwrc.virginia.gov)

***Pride Industries***

6315 N Center Drive # 215  
Norfolk, VA 23502-4006  
(757) 455-0087  
[www.prideindustries.com](http://www.prideindustries.com)